

Issue 301

November 2026

Did you know we have a Facebook page? Check it out at http://facebook.com/BradfordSeniorsCentre/
Bradford Seniors Centre: 715 Simcoe Rd., Bradford ON L3Z 4B4
Phone: 905 775-0612 Website: bradfordseniors.ca Email: danubeseniors@rogers.com

President's Message



Last month I reflected on the history of craft shows at the centre and why there was none in seven years. I was really looking forward to Oct. 24th hoping for the best. There is only one way to describe what happened: It exceeded all expectations. Starting with the tremendous support from the membership. The baking arrived, arrived, and kept on coming. Then the crowds filled the hall in a steady stream. It was wonderful.

Many people have great ideas, few follow up. We have a person that does far more than just follow up. Debbie Davidson conceived the idea of resurrecting the craft show over a year ago. She organized the vendors, the help, the draw and all the other million details required to put on a great show. All I can say is "Debbie, you are amazing". Thank you so much to you, all the helpers and anyone else who made this day such a great success.

Good news for all Bingo enthusiasts. Twice we asked for a show of hands and you voted overwhelmingly in favour of offering Bingo every Wednesday afternoon. Exceptions: March, June, September have five Wednesday's. That day is reserved for other Special Events. By the way; on October 28th we had 33 attending the Bingo. Largest crowd ever.

We had our Harvest Lunch on October 15th. Great success. To answer one question, the ham was bought at the Wholesale Club in Barrie.

Friday, November 13th, from 7 to 9 pm we can dance to the music provided by the "Relics". Hope to see you there.

Thursday, November 19th, starting at 10:30 am another Lunch & Learn. The theme is Fall Prevention. Soup & best Sandwiches in Town, dessert, coffee, tea. Pre-Registration and payment required

Friday, November 20th, from 7:00 to 9:00 pm something very different " Rock 'n Roll Bingo". Just the name alone is tweaking my curiosity. I will certainly give it a try.

Stay safe,

Elke

PS. It's that time of year: 2027 Memberships are available.





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NOTICES

Good-bye 'Got 'Em',

Hello, BINGO!

Great news for Bingo fans! Starting Wednesday, November 4th, we will be playing Bingo every 1st, 2nd, 3rd, and 4th Wednesday afternoons of every month (5th Wednesdays are reserved for other events) at 1:00 p.m.

We play 8 games with a refreshment break in the middle. Cards are $3 each. Cash prizes.

Do you like talking to people in person or on the phone? Can you check off names on a list and collect money one loonie at a time? Do you have three spare hours every 2nd Tuesday afternoon? Well,

HAVE WE GOT A DEAL FOR YOU!!!

The office at the Danube Centre is looking for a volunteer to fill a vacancy in our schedule on Tuesday afternoons. If you can help, please leave your name and number at the office, email the Centre at danubeseniors@rogers.com; or speak to Jan Evans or Elke.

ACTING AS ...

You've heard about "acting up" and "acting out" and even "acting silly" But have you heard about "acting as"?

"Acting as" means taking on a position or job for a short time, a sort of trial run, with a view to either taking on the position full time or running screaming out of the building.

There are 2 vacancies on the BWGSA admin board that we would dearly love to fill. Please consider "acting as" one of these positions until March 2027.

DIRECTOR OF PROGRAMS

Be the contact person for volunteers who lead programs at the centre

Do one office shift every 2 weeks

Attend 1 meeting per month

Assist with events

VICE-PRESIDENT

Organize office staffing calendar

Do one office shift per week

Liaise with other board members, committees community partners

Call bingo games once a month

A BIG THANK YOU

We wish to thank EVERYONE who helped make the "Treasures by Seniors" Craft and Bake Sale a tremendous success: bakers, knitters, quilters, wood crafters, vendors, promoters, planned and last-minute volunteers, set-up and take-down crews, shoppers, etc. We couldn't have done it without all of you!

Thank you also to vendors who contributed prizes for the draws and congratulations to all the winners.

— Debbie Davidson and Pat Allen,
Sale Organizers







More photos from the Craft and Bake show.



This year's National Seniors Day event on October 1st was a lot of fun, great food and entertainment courtesy of Holland Gardens and The Elden. An extra thank you to Chef Ana from Holland Gardens who was up at the crack of dawn making the pancakes from scratch and they were delicious! There was a total of 54 people, Mayor Leduc read out the Proclamation, Michael Owen came and took photos for Bradford Today. Another successful event, we raised $688. for the food bank.

Thank you to all of our volunteers, of course, who work so hard to set up, tear down, decorate, help serve, clear tables, do dishes etc..... much appreciated!

Share the Wealth winners: Lena Hamalian, Cathy Golias and Zvart Vartanian

Door prizes: Susan Colaluca, Allan DeWinter, Patricia Durkin and Don Jacobs

-Linda

Winners



National Seniors Day







The following Photos are kindly provided by: Michael Owen/BradfordToday



Lunch & Learn

Workshop 10:30-11:30--Lunch 11:45-12:45 p.m.
Thursday, November 19th , 2026
$10 pre-registration and payment is required

Register in person at the Bradford Seniors Centre

Falls Prevention Workshop

Stay Steady & Independent.

Guest Speakers: Sonia Rosatelli, Physiotherapist
Sheela Kuttayia, Dietician, Justin Doncaster, Chiropractor

Stay Steady & Independent with the goal of empowering individuals with the tools and habits to keep moving confidently in the home and community.

The slide presentation includes the Reality of Falls, Why Falls happen, health and life style, Medications and balance, Warning symptoms, Safe Home, Movement is Medicine and a daily checklist.

Harvest Luncheon October 17

Happy to say everyone who registered attended, probably because they knew Elke and Ann make such delicious food! We had 55 people in total attend, another successful luncheon.
Thank you to all who attended, Holland Gardens & The Elden for the door prizes and of course our wonderful volunteers.

Door prizes: Helen Robson, Allan Barnes, Laurie Wood & Betty Collins
Share the Wealth: Linda Ind, Honey Derry, Agnes Pretty
-Linda

Winners











Celebrate New Year's Eve at the Bradford Seniors Centre

Thursday, December 31st, 6-10 pm



Pot Luck Dinner – No fish or shellfish

Games, Music, Dancing

No Alcohol brought in or served

Cover Charge: $10.00 (cash or cheque only)

Tickets Available from November 17th

Pre-registration & payment required at the Bradford Seniors Centre 715 Simcoe Rd., Bradford ON L3Z 4B4

The Bradford Seniors Centre

is having a dance on
Friday, November 13, 7-9 p.m.
This event is OPEN to all Seniors in BWG.

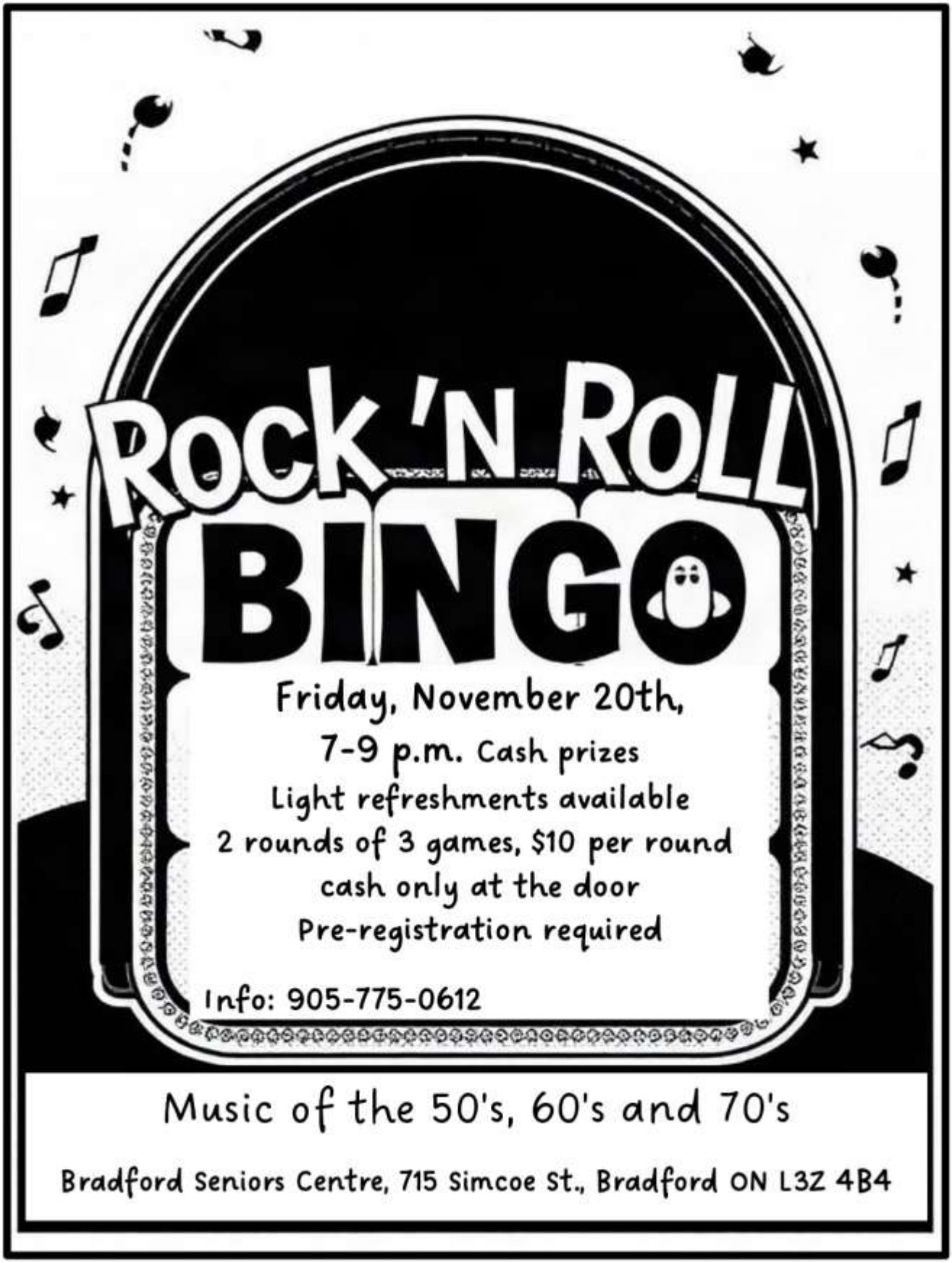


Music provided by "The Relics"

A $5 donation to the Food Bank will be gratefully accepted; Pre-registrations appreciated in person (715 Simcoe Rd., Bradford); or by phone (905-775-0612) or email (danubeseniors@rogers.com).

Get up off the couch. Dance and you'll feel better!




ROCK 'N ROLL
BINGO
Friday, November 20th,
7-9 p.m. Cash prizes
Light refreshments available
2 rounds of 3 games, $10 per round
cash only at the door
Pre-registration required
Info: 905-775-0612
Music of the 50's, 60's and 70's
Bradford Seniors Centre, 715 Simcoe St., Bradford ON L3Z 4B4

The Crooners

Match the Lyrics to the Song Title

	Question	Answer
1	Fill my heart with song, Let me sing forever more	:
2	I hear babies cry, I watch them grow	:
3	Like a river flows, softly to the sea, Darling so it goes	:
4	Then every minute every hour Every boy would find what I found in your arms	:
5	And too many moonlight kisses Seem to cool in the warmth of the sun	:
6	Someday we'll meet again, my loveSomeday whenever the spring breaks through	:
7	Other dancers may be on the floorDear, but my eyes will see only you	:
8	Ya know when that shark bites with his teeth, babeScarlet billows start to spread	:
9	I felt all flushed with fever, embarrassed by the crowd	:
10	I can remember when we walked togetherSharing a love I thought would last forever	:

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Answer

1. Fly me to the Moon
   Frank Sinatra
2. Wonderful World
   Louis Armstrong
3. Can't Help Falling in Love
   Elvis Presley
4. Everybody Loves Somebody
   Dean Martin
5. When I Fall in Love
   Nat King Cole
6. Somewhere, my Love
   Frank Sinatra
7. Sway
   Dean Martin
8. Mack the Knife
   Bobby Darin
9. Killing me Softly
   Roberta Flack
10. A Man Without Love
    Engelbert Humperdinck

REMINDERS:

Relics Dance November 13, 7-9 pm. For more information on the Relics check out their Facebook page , click this link: https://www.facebook.com/RelicsTheBand/

Rock 'n Roll Bingo November 20, 7-9 pm. Pre-registration required

Celebrate NYE Dec 31, 6-10 at the Bradford Seniors Centre. Pre-registration required.

Lunch & Learn November 19, 10:30 am. Pre-registration required.

Around the World in Sandwiches

	Question	Answer
1	This no-frills American classic is made with crisp bacon, lettuce, and tomato on toasted bread with mayonnaise. What sandwich is this?	:
2	This is a vegetarian fast food dish native to India. It consists of a deep-fried potato dumpling placed inside a bread bun sliced almost in half through the middle. It is generally accompanied by one or more chutneys and a green chili pepper.	:
3	This iconic American sandwich was invented in Philadelphia. It consists of thinly shaved ribeye steak and melted cheese served in a long hoagie roll. It is often customized with grilled onions, peppers, and mushrooms.	:
4	This Japanese dessert sandwich consisting of pillowy *shokupan* (Japanese milk bread) is loaded with freshly whipped cream and seasonal whole or halved fruits. It is sold in convenience stores, bakeries, and specialty fruit parlors across Japan.	:
5	This is a classic American deli sandwich. It is made with thinly sliced corned beef (or sometimes pastrami), tangy sauerkraut, melted Swiss cheese, and creamy Russian or Thousand Island dressing, all toasted between two slices of rye bread.	:
6	This is a simple, traditional Spanish staple consisting of a rustic baguette filled with ingredients like Spanish omelet (tortilla española), cured meats, or fresh tomato and olive oil.	:
7	This hot dog bun has been buttered and grilled and filled with fresh Maine lobster meat tossed with a light dressing of mayonnaise, lemon, and seasonings (like celery salt and black pepper).	:
8	This iconic Vietnamese roll is filled with cold cuts, pate, fresh herbs, pickled vegetables, chilli and savoury seasonings.	:
9	This is an indulgent, baked French ham and cheese sandwich with bechamel sauce and a sunny-side-up egg placed on top. The runny yolk is said to resemble a woman's hat.	:
10	Cuban bread, yellow mustard, Swiss cheese, sliced ham, and slow-roasted pork (often marinated in citrus *mojo*) make up this famous sandwich.	:
11	Another American classic - but this time a nostalgic frozen treat! Invented in New York City in 1899, it traditionally features a block of vanilla ice cream pressed between two soft, rectangular chocolate wafers. Modern variations also commonly use chocolate chip cookies.	:
12	Eaten all over the Middle East, this flatbread is filled with shaved rotisserie meats and packed with fresh vegetables, salads and sauces such as tahini	:

	Answer
1	The BLT
2	Vada Pav
3	Philly Cheesesteak
4	Fruit Sando
5	The Reuben Sandwich
6	Bocadillo
7	Maine Lobster Roll
8	Bahn Mi
9	Croque Madame - the Croque Monsieur has no egg!
10	Cuban Sandwich
11	Ice Cream Sandwich
12	Donor Kebab

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"Retirement Home" puzzle

We **FINALLY** finished it! What a challenge it was! Thanks to all the puzzlers who persevered and found all the pieces of this very difficult puzzle. We promise, the next one will be easier. In the meantime, stay tuned for information about an upcoming afternoon of puzzling with assistance from our local expert.



Line Dance Party October 17

Did We Dance!



On Saturday, October 17, we had a line dance party from 1 p.m. to 3 p.m. at the Bradford Seniors Centre. There were 34 people who came out to see if they could last the two hours, and everyone did, helped by the chips and pretzels to nibble on. A big thank you is due to Holland Gardens for the delicious cookies and muffins.

Our wonderful line dance instructor, Marilyn C., put us through our paces, and we would like to thank her for being there to guide us.

If you would like to try line dancing, join us on Tuesday mornings at 9:15 a.m., and Wednesday evenings at 7 p.m. at the centre.

Everyone had a great time!!!!!!!

- Deb





Bingo October 14 Results

Games:

1. Marie Mosley
2. Denyse Ashworth
3. Wally Aghihotri
4. Nancy Wagner-cave, Elke Pitkin, Denyse Ashworth
5. Cathy Golias
6. Elfi Wagner, Nancy Wagner-Cave
7. Susan Schothuis
8. Denyse Ashworth, John Schothuis, Deb Kearns

Bingo October 28 Results

Games:

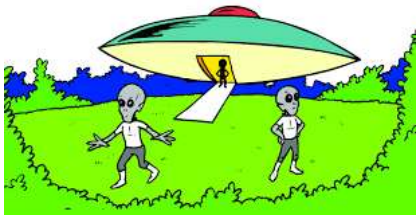
1. Dianne Watson
2. Robert Hughes
3. Nancy Wagner-Cave, Elke Pitkin, Jean Mercuri
4. Olga Bishop, Jane Cuoco
5. Jane Cuoco
6. Emilio Colalucca
7. Jane Campbell
8. Virginia McFadden

Strange Insurance Coverage

The Burglar that Won

While a couple was on vacation, a burglar entered their Pennsylvania home. After the robbery, he tried to exit through the garage, which malfunctioned and would not open. He was stuck in the garage for a little over a week and ended up eating the only thing he could find—a bag of dog food and one case of Pepsi. He ended up suing their homeowner's insurance and won the case claiming undue mental stress. He walked away with $500,000.

Coverage for Alien Abductions



If you're worried about getting abducted by aliens, you'll need to move to Florida to get insurance for that. The company, "UFO Abduction Insurance Company," has sold over 6,000 policies so far. It costs about $20 and offers sarcasm coverage, double identity coverage, and covers psychiatric care. For an added $5, you can get a paper certificate to show your friends. The policy pays out $10 million but that translates to $1 per year for 10 million years. Of course, you also need to prove you've been abducted to receive the payout, which may be tricky to do. So far, they've paid out a grand total of 2 claims.

Master of Coffee, **Gennaro Pelliccia, has the world's most valuable tongue,** insured at $14 million. As Costa Coffee's top coffee taste tester, he personally tests every single batch of coffee beans at the roastery. His 18 years of experience and prolific taste buds are critical to the coffee company's success. He's insured by Lloyd's of London, the world's oldest insurance market.



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Get well wishes

All our members are special to us; this get-well wish goes out to everyone feeling under the weather and hoping you will be well very soon.



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NOTICE

Fragrance Free Building

Perfumes, Aftershaves and other scented beauty products may cause allergic reactions. Please avoid wearing scented personal products when attending the Danube Centre

Happy Birthday to all our members having a birthday this month!



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Danube Activity Schedule

MONDAY	9:00 am Woodshop	9:15 am Scrapbooking	10:30 am Zumba Gold	1:00 pm Bridge Snooker Mah Jong		
TUESDAY	9:15 am Beginner Line Dancing	10:30 am Chair Fitness	1:00 pm Crazy Canasta	1:00 pm Goldenaires	6:30 pm Bid Euchre	
WEDNESDAY	9:00am Tai Chi	10:30 am Chair Yoga	1:00 pm Bingo	1:00 pm Snooker	7:00 pm Beginner Line Dancing	
THURSDAY	9:00 am Woodshop	9:15 am Quilters	9:30 am Regular Fitness	10:30 am Chair Fitness	1:30 pm Regular Euchre	
FRIDAY	9:00 am Tai Chi	10:30 am Chair Yoga	1:00 pm Carpet Bowling			

Card Game Results

Bridge			Bid Euchre			Euchre		
Oct. 6Date	**Place**	**Name**	**Date**	**Place**	**Name**	**Date**	**Place**	**Name**
Oct. 5	1st 2nd	Sally P. Elfi W.	Oct. 6	1st 2nd	Allan B. Heather W.	Oct. 8	1st 2nd	Marilyn J. Earl M.
Oct.19	1st 2nd	Frank H Fred P	Oct. 13	1st 2nd	Doug H. Heather W.	Oct .15	1st 2nd	Elke P. Vicky B.
	1st 2nd		Oct.20	1st 2nd	Allan B. Doug H.	Oct. 22	1st 2nd	Ginette K. Earl M.
	1st 2nd		Oct.27	1st 2nd	Heather W. Allan B.	Oct.. 29	1st 2nd	Rick M. John H.