



Did you know we have a [Facebook page](http://facebook.com/BradfordSeniorsCentre/)? Check it out at <http://facebook.com/BradfordSeniorsCentre/>
The Danube Seniors Leisure Centre: 715 Simcoe Rd., Bradford ON L3Z 4B4
Phone: 905 775-0612 Website: bradfordseniors.ca Email: danubeseniors@rogers.com

President's Message



I love Carrot Fest. This year we had an exciting new launch. "Olive the Onion" was introduced. I thoroughly enjoyed drawing hundreds of happy, grumpy, tongue sticking, laughing, eye rolling Olives. The centre made new T-shirts available and my special hat received fresh Gwilly and Olive decorations. Ready, set, go! Well, sometimes the best plans go sideways. No Carrot Fest for me. As it turns out our efforts and your generosity made it the best Carrot Fest ever. All in support of Ronald McDonald House. Thank you.

On August 20th we had a Summer Barbecue. Thank You Bradford Lions for doing all the cooking. So many of you requested the recipe for the marinated carrot salad. This particular recipe was originally published by Nancy's Nifty Nook in our local newspaper some 30 years ago. A great salad to make days ahead of any scheduled event.

The Wait is over! Got 'Em is back on the calendar. Starting Wednesday September 9th and again September 23rd. Let's have some fun.

Thursday, September 10th starting at 10:30 "Heart to Home" food tasting event is back. They usually serve samples of their main courses, soups and desserts. Great opportunity to test the waters and maybe take advantage of special promotional offers. I might just give it a try. Cooking for one is not very exciting.

Saturday, September 12th from 1:00 to 3:00 pm, Music in the Afternoon is back. As usual, free and open to everyone.

Take care Elke

Carrot Salad

Cut 1 lb. of carrots in fingers 1/4" thick, cook until just tender about 6-8 minutes, DO NOT OVERCOOK

Drain and add to the carrots:

1 medium onion, sliced

1 medium green pepper, cut in strips

Whip the following together and pour over the vegetables

1/2 tin tomato soup

1/4 cup white sugar

1/2 cup salad oil

1/2 tsp salt

1/4 tsp pepper

Marinate several hours or overnight and put on a bed of lettuce.

NOTICES



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Goldenaires choir re-start: Tuesday, September 15th at 1:00. No auditions required. Come and join a group of folks who like to sing. \$1/week or \$14 September-December. (If you have any music from Spring 2026, please bring it with you).

Check out bradfordtoday's article on our new Olive and Gwilly's friendship click [here](#).

CALLING ALL BAKERS!!!! We need YOU!! Actually, we need your cookies, cakes, pies, muffins, squares, preserves, etc., to sell at the Craft Sale on Saturday, October 24th. The Danube Centre will have a table of its own and we have been very successful with a Bake Table in the past. Every donation will be greatly appreciated.

Stay tuned to newsletters and Sunday send-outs for more information.



TO ALL DANUBE READERS OUT THERE: Lets get a Danube Book Club up and running! We would meet once a month for a fun and interesting hour talking about what we are currently reading or have read in the past. Come on all you bookworms out there, reply to levene1946@gmail.com

RONA recycles! Did you know that all light bulbs, incandescent, LED and fluorescent tubes (but not strings of Christmas lights) can be recycled at RONA as well as batteries and old paint? Please consider using the RONA Take-back program and not the garbage bin.

LAST CHANCE FOR T-SHIRTS !!

If you have seen the new BWG Seniors Centre T-shirts at the Danube, and you'd like to order one, the last day for ordering is fast approaching. Shorts are available to try on at the Centre, where you will also find the sign-up sheet and advance payment (\$30) envelope. Bradford Times Designs is printing the good-quality cotton shirts, so delivery time is relatively short.

Events:

September 1-30 Boutique Sale

September 10, 10:30 am Heart to Home Tasting

October 1, 11:30 am Pancake Breakfast

October 24, 10am-1pm Craft and Bake Sale

Music Afternoon August 8, 2026

August 8th was summer, and the afternoon started with Mungo Jerry's "In the Summertime". There was music, there was laughter (and a few groans at Carol's jokes), there was dancing and a lot of singing along, while the rain poured briefly outside. Bob, Carol, Doug, Laurie, Meade, Norm, Peter, and newcomer Rob proved once again that there's no shortage of musical talent in Bradford. The next Music in the Afternoon is scheduled for Saturday, September 12th at 1:00. Hope to see you there.

-Jan



Linda Ind's Speech from the "Olive" Announcement August 8, 2026

We are here today announce our newest Team Member, the worst kept secret in Bradford.

First of all, thank you to Music in the Afternoon for allowing us to highjack some of your time.

Brandon Scholten , Board Member of the Holland Marsh Growers Association and 4th generation onion farmer will tell you a brief story to give you a better understanding before we do the unveiling, then our Member of Parliament, Scot Davidson would like to say a few words.

The Story:

"A long, long time ago, there was a large area of swamp land north of Newmarket and south of Bradford. As the years passed, the water level fell and the swamp became a wet marsh. Then in the early 1900's, along came William Fraser and Professor Day and thinking of a way to reclaim this area for the future, started the wheels rolling to drain the land and thus started what we now call the Holland Marsh. The rich organic soil was just perfect for growing vegetables. The farmers moved in and started growing crops of carrots, onions, celery and lettuce. Then one day, Mother Nature took charge. When the carrots and onions had started to grow and peek through the rich soil, Mother Nature produced a very windy day. The sky was black as the soil was lifted along with the seeds and seedlings and deposited wherever they fell. Some onions and seeds landed in a neighbor's carrot field, and carrots in an onion field. Gwilly the Carrot met Olive the Onion and a lasting friendship was created. "

Thank you, Brandon and thank you to Jody Mott (Executive Director) for attending and your support.

This year, 2026, the Bradford Seniors Centre (Danube Centre) is introducing Gwilly and Olive at the Bradford Annual Carrot Festival, Saturday, August 15th. Come and meet Gwilly and Olive and wish them a lasting friendship.

So, today with some financial and colour selection assistance from Scot Davidson, we are happy to introduce everyone to **"Olive the Onion"**. Olive will join Gwilly at Carrotfest this year and as usual all proceeds will go to the Ronald McDonald House. Over the years we have donated approximately \$30,000 to Ronald McDonald House.

At this time, we would like to thank all of our volunteers who tirelessly source, trace and cut material; stuff, sew, and decorate Gwilly and now Olive.

Ann Spalding, Elke Pitkin, Lynda Neller,

Susan Simurda, Jane Campbell, Leslie Bosens,

Diane Watson, Pat Allen, Marie Mosley

Then Scot Davidson said, best kept secret? Tater Tim from the Alliston Potato Festival asked him what's up with the Onion and why isn't there a potato? Scot kindly personally donated \$50.00 so that everyone in attendance could take an Olive the Onion on the way out and upon leaving said "See ya tater".

More photos on the next page.



"Olive" Photos

*Photos (courtesy
Paul Novasad, Bradfordtoday.ca)*



*More photos (Credit
Jennifer Harrison)*



Carrot Fest 2026



What a perfect day to be outside! Unlike last year, when we were fairly roasted alive, Carrot Fest 2026 was sunny, not too humid, lightly breezy and very successful from the point of view of selling the Gwilly Carrot and Olive Onion pins that our intrepid volunteers had sewn. There was hardly a moment when Debbie, Denyse, Elke, Jan, Marie (GREAT COSTUME!!!) and Mike in the booth weren't swamped with purchasers of all ages, including the owner of Sobeys: you can spot Gwilly Carrots at the check-outs!

MANY thanks to Mike and Jonathan for helping with set-up and take-down of the booth. MANY, MANY thanks to our 'street walkers' (Agnes, Carol, Debbie D., Denyse, Edna, Leslie, Linda I., Liza, Lynda N., Pat and Sue) who showed up early and stayed late to help us nearly sell out of pins in support of Ronald McDonald House (if you see Pat A. or Debbie D., ask them to tell you how they managed to get a sizeable donation from Premier Ford himself!).

-Jan



BBQ August 20th

Great job as usual, everyone said the food was delicious and thanks very much to Gavin and Liz from the Lions Club for cooking.

Many asked for the Carrot Salad recipe. It was so nice of Elisabeth to pop by and give a quick update on the latest fraud going on with people pretending to be Rogers or Bell - no one is giving you anything for free.....there is always a catch and it usually involves giving money. We had 65 attendees including 8 volunteers .

Thank you, as always, to our wonderful volunteers for their time, Holland Garden and the Elden for door prizes.

Door prize winners: Agnes Pretty, Shirley Bowles, Christine Simpson, Wally Agnihotri

Share the Wealth winners \$32.00 each: Debbie Davidson, John Fennell, Vicki Boss

-Linda

The Lucky Winners







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boutique

50% off

50% off

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Miss It!

SALE

September

1 — 30

A reminder from Officer Elisabeth:

Hello Danube friends, it was so lovely to see many of you at the BBQ the other day. I'm glad I was able to stop in and say hello. It warmed my heart 😊

Below is a quick read on one of the latest scams, please take a minute to read it through and share with others. We are receiving calls in relation to this scam just about daily over the past two months. Enjoy the warm days and keep smiling 😊

Rogers Device Scam Occurrences

How the Scam Works

The scam generally begins with a caller claiming to represent Rogers or Fido. The caller may offer a promotion for a long-standing customer, a free iPad or iPhone, or a discounted device bundle. Devices are then ordered through the victim's account and delivered to the victim's residence.

After delivery, the victim is told there is a problem with the order, a technical issue with the device, or that the wrong item was shipped. The fraudster then provides a return shipping label or arranges for someone to attend the victim's residence to collect the device. A replacement is promised but never arrives, leaving the victim responsible for the cost of the device.

Often the display on your phone will say Rogers or Fido, etc. This is to make you feel it is legit. They are spoofing the number/call display. Spoofing = manipulating your phone screen to show what they want it to display.

Remember

If you receive a call from someone claiming to be from a phone provider, do not give any personal information. Advise them you will call your phone provider with a number you have on a previous bill. **DO NOT** call them back on the number they provide.

If it seems too good to be true, it is! Rogers, Bell, Fido, etc. do not give free products to customers.

Now, say it with me.....**SCRAM to the SCAM!!!**

-Officer Elisabeth

BWG Seniors Association



Rope Bowls Wallets Teddies
Woodworking *Blankets* Paintings Wreaths
Crocheting Bookmarks Stars
Geeling Cards Coasters Flower Arrangements

Treasures by Seniors Craft & Bake Sale

10:00 am - 2:00 pm
Saturday Oct. 24, 2026
Danube Centre
715 Simcoe St. Bradford, ON

Purses *sth Ave Jewelery* *Beaded Spiders*
Woodworking Fidget Quilts **HOB0 BAGS**
Paper Cards **Placemats** Necklaces
Paper Albums Tote Bags Advent Calendars



HEART TO HOME FOOD TASTING

September 10th 10:30 a.m.

**THERE ARE A LIMITED
NUMBER OF SPOTS – Sign-up now at
the Centre**

COME OUT AND JOIN US

for a

FOOD TASTING EVENT

followed by lunch

compliments of

Heart to Home Meals

**FOOD BANK - \$5.00 DONATION FOR
ATTENDEES - THANK-YOU**

ON THIS DAY

- **1814** Francis Scott Key writes the poem that later becomes the lyrics of *The Star-Spangled Banner*.
- **1901** One of the first major bodybuilding contests is held at London's Royal Albert Hall.
- **1901** U.S. President William McKinley dies from gunshot wounds and Theodore Roosevelt becomes president.
- **1946** *Thomas the Tank Engine*, the second book in *The Railway Series*, is published in Britain.
- **1957** #1 Hit: Paul Anka – *Diana*
- **1964** Pop-Tarts go on sale for the first time.
- **1974** #1 Hit: Eric Clapton - *I Shot the Sheriff*
- **1982** Princess Grace of Monaco dies from injuries suffered in a car crash.
- **1984** Joe Kittinger becomes the first person to cross the Atlantic solo in a gas balloon.
- **1985** *The Golden Girls* premiers on NBC.
- **2001** Australian airline Ansett grounds its flights and ceases operations.

ODD ONE OUT

Which word is the odd one out in each line?

Square – Triangle – Circle – Cube

London – Paris – Rome – Sydney

Chess – Checkers – Scrabble – Tennis



What nails do carpenters hate to hit? **Fingernails!**

Happy Birthday



Sam Neill

Actor

BORN September 14th, 1947

DIED 2026 (aged 78)

NATIONALITY New Zealand

Sam Neill began acting in New Zealand and gained international recognition through film and television roles in the late 1970s and 1980s.

He is best known for playing Dr Alan Grant in *Jurassic Park* and its sequels, alongside acclaimed roles in *The Piano*, *Dead Calm*, and *Peaky Blinders*.

With a career spanning more than five decades, Neill is one of New Zealand's most internationally recognised actors.

Neill was married twice and has four children.

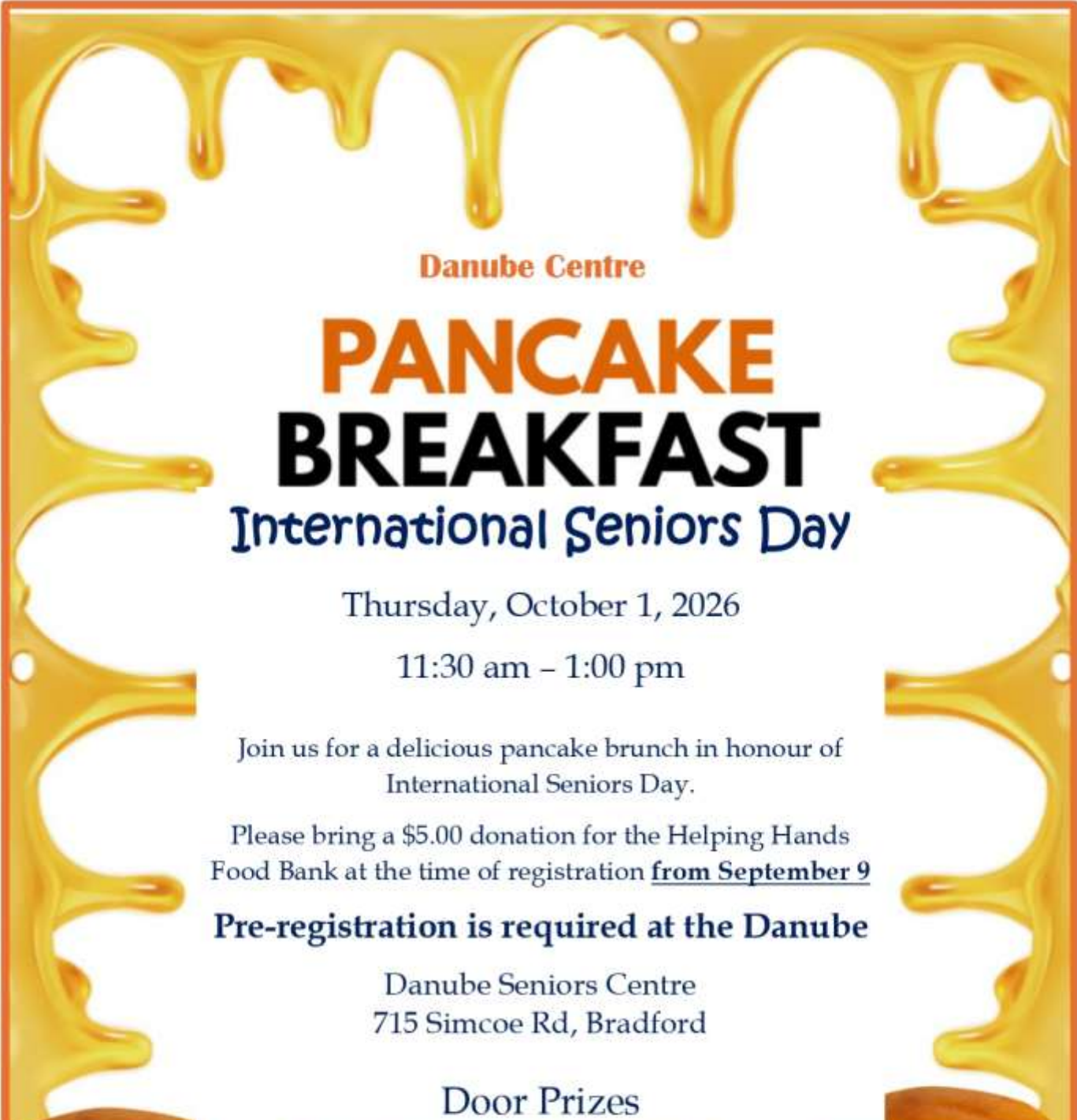
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"Failure is never quite so frightening as regret."

SAM NEIL



Owls have specialized feathers that make their flight silent.



Danube Centre

PANCAKE BREAKFAST

International Seniors Day

Thursday, October 1, 2026

11:30 am – 1:00 pm

Join us for a delicious pancake brunch in honour of
International Seniors Day.

Please bring a \$5.00 donation for the Helping Hands
Food Bank at the time of registration from September 9

Pre-registration is required at the Danube

Danube Seniors Centre
715 Simcoe Rd, Bradford

Door Prizes



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The Hot Air Balloon

A man in a hot air balloon realized he was lost.

He reduced altitude and spotted a woman below. He descended a bit more and shouted, "Excuse me, can you help me? I promised a friend I would meet him an hour ago, but I don't know where I am."

The woman below replied, "You are in a hot air balloon hovering approximately 30 feet above the ground. You are between 40 and 41 degrees north latitude and between 59 and 60 degrees west longitude."

"You must be an engineer," said the balloonist. "I am," replied the woman, "How did you know?"

"Well," answered the balloonist, "everything you told me is technically correct, but I have no idea what to make of your information, and the fact is I am still lost. Frankly, you've not been much help so far."

The woman below responded, "You must be in Management." "I am," replied the balloonist, "but how did you know?" "Well," said the woman, "you don't know where you are or where you are going. You have risen to where you are due to a large quantity of hot air. You made a promise which you have no idea how to keep, and you expect people beneath you to solve your problems. The fact is you are in exactly the same position you were in before we met, but now, somehow, it's my fault!"

NASA Pen vs Russian Pencil

When NASA first started sending astronauts into space, they quickly discovered that ballpoint pens would not work in zero gravity.

To combat the problem, NASA scientists spent a decade and USD \$12 billion to develop a pen that writes in zero gravity, upside down, underwater, on almost any surface including glass and at temperatures ranging from below freezing to 300°C. **The Russians used a pencil.**

Short Term Memory

An elderly couple go to their doctor to ask what they can do to improve their short term memory.

"Forgetfulness is common at your age. Just get into the habit of writing down the things you need to do and then it won't be so easy to forget."

Later that evening, the couple settles down to watch some TV when the husband gets up from his chair and starts to leave the room. "Where are you going?", his wife asks. "I'm just going to get a bowl of ice cream from the kitchen. Would you like some?" "Oh that would be nice.", the wife replies, "But, remember what the doctor said? Maybe you should write it down so you won't forget." The husband becomes slightly irritated at her comment and says, "I think I can remember 2 bowls of ice cream." "OK.", she says, but adds, "Do you think you could add some chocolate syrup to the top of mine? Maybe you should write it down."

"I think I can remember 2 bowls of ice cream and to put chocolate syrup on top of one."

"OK.", she answers, "Then do you think maybe you could add some nuts, too? I love peanuts on my ice cream. Maybe you should write it down." The husband starts getting irritated. "I think I can remember 2 bowls of ice cream and to put chocolate syrup and nuts on the top of one of them." "OK. OK. No need to get upset. I was just trying to help.", she says, then adds, "Oh. do you know what sounds REALLY good? To add some whipped cream and a cherry to the top. Now, that is a lot to remember. You really should write it down." "I think I can remember 2 bowls of ice cream with chocolate syrup, nuts, a cherry, and some whipped cream on top of one of them!", the husband responds angrily and storms off into the kitchen. Twenty minutes go by and the wife starts becoming anxious, wondering what is taking her husband so long in the kitchen when he suddenly enters the room with 2 plates of bacon and eggs.

"See! I told you, you should have written it down!", she shouts, "You forgot the toast!"

At the BBQ on August 20, I found myself chatting with a lovely lady named Judy. I mentioned to her in conversation that I had spent 25 years working at an Independent School before I retired. To my surprise, Judy mentioned that she has a friend who also worked at that same school in Toronto, albeit in a different department. This friend, Nora, was someone I used to socialize with, but we had lost touch. What a coincidence that Judy and I met in a roomful of people and happened to know the same person!

-Edale

JOKE

An elderly couple was celebrating their sixtieth anniversary. The couple had married as childhood sweethearts and had moved back to their old neighbourhood after they retired. Holding hands, they walked back to their old school. It was not locked, so they entered, and found the old desk they'd shared, where Jerry had carved I love you, Sally.

On their way back home, a bag of money fell out of an armoured car, practically landing at their feet. Sally quickly picked it up and, not sure what to do with it, they took it home. There, she counted the money - fifty thousand dollars!

Jerry said, We've got to give it back.

Sally said, Finders keepers. She put the money back in the bag and hid it in their attic.

The next day, two police officers were canvassing the neighbourhood looking for the money, and knocked on their door. Pardon me, did either of you find a bag that fell out of an armoured car yesterday?

Sally said, No.

Jerry said, She's lying. She hid it up in the attic.

Sally said, Don't believe him, he's getting senile

The agents turned to Jerry and began to question him.

One said: Tell us the story from the beginning.

Jerry said, Well, when Sally and I were walking home from school yesterday

The first police officer turned to his partner and said, We're outta here!

The Tomato Soup

An old man comes into a restaurant, sits at his usual table, and orders the usual - tomato soup.

The waiter sets it down in front of him, and stands back to watch him enjoy it. But the man just sits there.

"Is there something wrong?" the waiter asks.

"I can't eat this soup," the man replies.

"Is it too hot?" the waiter asks. "No."

"Too cold?" "No."

"Too salty?" "No."

The waiter calls for the maitre d', and for the chef, and each goes through the same routine:

"Too hot?" "Too cold?" "Too salty?" "No, no no."
Finally the chef, at his wits end, says, "Sir, I will taste the soup myself. Where is the spoon?"
"A-ha!" says the old man.





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NOTICE

Fragrance Free Building

Perfumes, Aftershaves and other scented beauty products may cause allergic reactions.

Please avoid wearing scented personal products when attending the Danube Centre

Happy Birthday to all our members having a birthday this month!





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Danube Activity Schedule

MONDAY	9:00 am Woodshop	9:15 am Scrapbooking	10:30 am Zumba Gold	1:00 pm Bridge Snooker Mah Jong		
TUESDAY	9:15 am Beginner Line Dancing	10:30 am Chair Fitness	1:00 pm Crazy Canasta	1:00 pm Goldenaires	6:30 pm Bid Euchre	
WEDNESDAY	9:00am Tai Chi	10:30 am Chair Yoga	1:00 pm "Got'Em" Every 2nd & 4th Wednesday	1:00 pm Bid Euchre Every 1st & 3rd Wednesday	1:00 pm Snooker	7:00 pm Beginner Line Dancing
THURSDAY	9:00 am Woodshop	9:15 am Quilters	9:30 am Regular Fitness	10:30 am Chair Fitness	1:30 pm Regular Euchre	
FRIDAY	9:00 am Tai Chi	10:30 am Chair Yoga	1:00 pm Carpet Bowling			

Card Game Results

Bridge			Bid Euchre			Euchre		
August 3	1 st 2 nd	Frank H. Neil E.	August 18	1 st 2 nd	Allan B Elfi W	August 20	1 st 2 nd	Al W. Margaret M.
August 10	1 st 2 nd	D. Embree Elfi W .	August 25	1 st 2 nd	Heather W. Doug H.	August 6	1 st 2 nd	Sheila M. Trish N.
August 17	1 st 2 nd	Sally P. Fred P.		1 st 2 nd		August 13	1 st 2 nd	Al W. Cam S.
	1 st 2 nd			1 st 2 nd		August 27	1 st 2 nd	Debbie D. Virginia Mc.