



Did you know we have a [Facebook page](http://facebook.com/BradfordSeniorsCentre/)? Check it out at <http://facebook.com/BradfordSeniorsCentre/>
The Danube Seniors Leisure Centre: 715 Simcoe Rd., Bradford ON L3Z 4B4
Phone: 905 775-0612 Website: bradfordseniors.ca Email: danubeseniors@rogers.com

President's Message



Did you see "Bold and Brilliant" last Wednesday? We all hoped for a successful show: what happened exceeded all expectations. It was wonderful! A big thank you to all the participants. Working together we produced something special. I have always liked taking part in skits or shows. These days memorizing the lines takes a little longer. An hour before showtime, the butterflies started to roam and sitting still was impossible. The curtain opens and a hundred faces look at you. Quite a daunting experience. But then you hear the applause and everything is O.K.

Believe me, if there is another show in the future I will be the first to sign up!

We had our "Hearts & Flowers" lunch on February 19th. We received so many positive comments. You certainly enjoyed the Chocolate Delight dessert. I know, because all the bowls came back empty.

Saturday, March 14th "Music in the Afternoon " returns. 1:00-3:00pm. Last month we had more than 50 listening to a great performance. Come out, and give them a try.

Thursday, March 19th we have another " Lunch & Learn". A representative from the County of Simcoe Paramedic Services will give a session on " Be Prepared in a Medical Emergency." Most of us experience a medical emergency in our lifetime. Calling 911 is extremely stressful before, during and after the call. Knowing what to do, what to say and how to stay calm is so important. The lunch will be Soup and Sandwiches. Dessert, Coffee and Tea., Pre-registration required.

Tuesday, March 24th we will welcome the students from St. Charles. See the poster in this newsletter for more information.

Now some exiting news: There is a very special event planned for October 24th called "Treasures by Seniors " (Craft Show)

Stay safe - Elke

PS: Do you know the February 19th luncheon produced more than 500 dirty pieces of cutlery, plates, cups and bowls? Add to that numerous roasting pans and pots. Deb and Pat worked hard to have it all cleaned up in time to play Euchre at 1:30. It's a big job and we all owe them our gratitude. They won't always be available. We really need some volunteers willing to learn the system and to step up when needed.



NOTICES



Reminder: AGM March 5 at 10:00. It is important that as many members as possible attend this meeting.

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Elke Pitkin

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Elaine Love

Newsletter Editor

Edale Levene

Contributing Editor

Jan Evans

Website & Facebook Page

Neil MacNaughton

Constitution Amendment

p.3, Article 4b, subsection i, Chart listing Board members.

Proposed change: that we increase from 2 Members-at-Large to 3 Members-at-Large. The additional Member-at-Large would be elected to a two-year term or be appointed as needed.

No Line Dancing on March 17 and 18.

Lunch & Learn March 19 at 10:30. March 19. See flyer on P15.

Please note: Photos on Page 8 & 9 are courtesy of Stephanie Sinclair & Ethan Lock .

Musical Afternoon with the St. Charles School Gr. 4 classes and the Goldenaires on March 24th at 1:00 pm. All Members welcome.

Attention Gwilly Makers:

Starting March 4th and every first and third Wednesday after that (March 18, April 1, April 15 etc.), you are invited to the Danube Craft Room at 1:00 pm to help create the carrots and onions to sell at our booth during Carrot Fest in August.

Check out *BradfordToday* for photos and an article on our show; *The Bold and Brilliant* from February 19. Click [here](#)

Hearts and Flowers Luncheon January 19

What did the 2 rocks pledge when they got married?

-- That they would never take each other for granite. JJ

Such were the jokes read by Jan Evans who took over microphone duties in the absence of our Special Events Director, Linda Ind, at the February "Hearts and Flowers" luncheon on Feb. 19th. There was movie trivia (e.g., Name the movie in which a main character says: "My name is Inigo Montoya. You killed my father. Prepare to die." Give up? It's The Princess Bride), and a sheet of Valentine word searches at each place setting along with a muffin cup of conversation hearts.

Our own Ann and Elke and their kitchen volunteers prepared a scrumptious meal of roast pork loin, mashed potatoes, mushroom gravy, veggies and dessert. Delicious!!

Our Community Partners, Holland Gardens and The Elden, provided door prizes (Thank you!!) which were won by: Leila Lloyd, Edale Levene, Joyce Barnes, and Heather Wilson.

Share the Wealth winners this time were Bill Bishop, Elke Pitkin, Wendi Williams, and Marie Wood. Congratulations to all the winners!

A huge thank you to all the volunteers who made this luncheon possible. Thank you also to members who called in to cancel their attendance enough in advance that we could offer places to those on the waiting list.

In total we had 77 attendees including 12 volunteers. Our next lunch event will be the Lunch and Learn on Thursday March 19th.

-Jan







The Bold and Brilliant rehearsal photos



The following photos are courtesy of *BradfordToday* and *Michael Owen*.



Do you get *BradfordToday* in your feed at home? If so check out the article and great photos in the Thursday, February 26th edition from “The Bold and Brilliant” show. Or click [here](#) for the link.



The Bold and Brilliant show – February 25, 2026

118 attended this great Talent Show! We received many accolades afterwards, even many who wanted to see more of this type of show. There were jokes, skits, line dancers, a comedian, musicians, singers and of course our student volunteers who also participated in skits. Our thanks go out to Prevention of Senior Abuse Network Simcoe County who funded this show, through a New Horizons government grant, and helped everyone get a better understanding of "ageism" in a fun and meaningful manner. Special thank you to our cast and crew of 34 people, and to Holland Gardens and The Elden for providing refreshments. Everyone should be oh so proud!

- Linda

Apologies to the amazing *Marie Mosley* who played Dr. P Tella and was inadvertently missed in the show program

*"What a fantastic show today!
It reminded us of the shows from a long time ago.
A lot of work put in to this so thank you.
A great afternoon. 🍷🍷"*







Musical Afternoon

with the Grade 4 classes from the St. Charles School and our own Goldenaires performing for each other and the assembled parents and grandparents.

Members Welcome

Tuesday, March 24th, 2026

1:00 pm – 2:30 pm

Free Admission

Danube Seniors Centre

National Home made Soup Day



M-m-m, m-m-m delicious!

That's the only way to describe the pop-up soup and sandwich lunch that Melissa, Susan and their chef from Holland Gardens provided to Danube members on Wednesday, February 4th, National Homemade Soup Day.

For a small donation to the Helping Hand Food Bank (we raised \$144), participants in regular Wednesday morning and afternoon activities helped clear away yoga equipment to make way for a "café" where lunch (which very closely resembled the daily lunches the Danube kitchen provided in the B.C. (= Before COVID) times) was served.

We are hoping to partner with Holland Gardens to provide more pop-up lunches on other weekdays in the not-too-distant future.

Thanks, Mel and Susan!

-Jan





Lunch & Learn

Workshop 10:30-11:30 — Lunch 11:45-12:45

Thursday, March, 19 2026

\$10 payment required at time of registration.

Sign-in at the Danube Centre

(No phone registrations)

Medical Emergencies Be Prepared Session

This session covers: Recognizing and staying safe in an emergency, calling 911, how can you help the paramedics (File of Life), differences between heart attack, stroke, cardiac arrest; the importances of quality CPR and AED application; and a brief discussion about Narcan.

**Guest Speaker: Kim Oxley - County of Simcoe,
Paramedic Services**

Music Afternoon February 14

On Saturday, Feb. 14th, the BIGGEST CROWD EVER participated in an afternoon of music dedicated to the themes of Valentine's Day.

Meade started the afternoon "Bound away to Australia", but he came back long enough to recite a poem to Erika, his wife of 56 years ("Love Comes in on Little Cat Feet"). The audience loved it, too.

Doug Jackson played "I Love to Tell the Story" on the harmonica. Other songs included an original by Laurie ("Love of My Life"); Lara's Theme from Dr. Zhivago ("Somewhere my Love"); several Lennon-McCartney love songs; "Let it be Me"; "I Will Survive", and a rousing rendition of "Shake, Rattle and Roll." There was waltzing and line dancing in the hall - we had to move the main tables back to make room for the dancers!

The next Music in the Afternoon will take place on Saturday, March 14th at 1:00. You are invited to wear green that day, in honour of St. Patrick's Day.

- Jan





What did Beethoven say to Johann Sebastian when he was helping him parallel park? *"Bach it up."*

Which composer likes tea the most? *Chai-kovsky.*

Which one of the Three Stooges was the biggest classical music fan? *Fortissi-Moe.*

What was Beethoven's favorite fruit? *BA-NA-NA-NAAAAAA.*

Why did Mozart get rid of his chickens? All they said was, *"Bach, Bach, Bach."*

Why couldn't the string quartet find their composer? *He was Haydn.*

Why didn't Handel go shopping? *Because he was baroque.*

What's the difference between a conductor and God? *God doesn't think he's a conductor.*

Why couldn't the classical composer concentrate in the saloon? *There was too much Bartók.*

What is a classical music fan's favorite beverage? *Scarla-tea.*



PUZZLE SWAP

Join us for a fun afternoon of puzzle trading!

Date: Saturday, March 28th, 2026

Time: 12:00 PM – 2:00 PM

Location: The Danube Seniors Leisure Centre
715 Simcoe Road, Bradford, ON L3Z 4B4

How It Works

Bring your completed puzzles and swap them for ones that are new to you! Give your puzzles a second life and discover new challenges to enjoy.

\$2 entrance fee – All proceeds support the Bradford Seniors Association

Tables available on a first-come, first-served basis

Puzzles must be in good condition – Please note any missing pieces

📞 Contact & Table Reservations

- **Stephanie Somerville**
✉ Email: Bembridge3901@gmail.com
☎ Phone: 416-906-5394
- *Please contact Stephanie to reserve a table*



St. Patrick's Day Anagram

Rearrange the letters of each word reveal the answers!

Word	Clue	Answer
KARCHSOM	Clover-like plant	_____
ODLG	What Leprechauns keep in their pot	_____
REGEN	Colour of envy	_____
ELAPUNCHER	Mischievous elf	_____
IDLERAN	St. Patrick is from here	_____
ELBRYAN	This stone wants a kiss	_____
RHAP	National emblem of Ireland	_____
SEBFLAT	Capital of Northern Island	_____
KANESS	Slender Reptiles	_____
Charm	Third month of the year	_____
TRACKPI	Patron saint of Ireland	_____
SKIWHEY	A popular liquor in Ireland	_____
RICEMILK	Humorous verse	_____
OT TSU	Type of dark beer	_____
BUND IL	Capital of the Irish Republic	_____
GLENN DA	St. Patrick was a missionary here	_____
SINGESNU	A type of bitter stout	_____
RSHII	From Ireland	_____
TAPE	Fuel from boggy land	_____
BAWINOR	Colourful arc in the sky	_____

St. Patrick's Day Anagram

Answers

Word	Clue	Answer
KARCHSOM	Clover-like plant	Shamrock
ODLG	What Leprechauns keep in their pot	Gold
REGEN	Colour of envy	Green
ELAPUNCHER	Mischievous elf	Leprechaun
IDLERAN	St. Patrick is from here	Ireland
ELBRYAN	This stone wants a kiss	Blarney
RHAP	National emblem of Ireland	Harp
SEBFLAT	Capital of Northern Island	Belfast
KANESS	Slender Reptiles	Snakes
Charm	Third month of the year	March
TRACKPI	Patron saint of Ireland	Patrick
SKIWHEY	A popular liquor in Ireland	Whiskey
RICEMILK	Humorous verse	Limerick
OT TSU	Type of dark beer	Stout
BUND IL	Capital of the Irish Republic	Dublin
GLENN DA	St. Patrick was a missionary here	England
SINGESNU	A type of bitter stout	Guinness
RSHII	From Ireland	Irish
TAPE	Fuel from boggy land	Peat
BAWINOR	Colourful arc in the sky	Rainbow

To all our members who are
celebrating a
birthday this month.

Happy Birthday!




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SCAN ME

Math Puzzle

7	-		+		11
-		-		-	
	-		÷		2
X		X		-	
4	X		-	1	11
-17		-19		6	

The missing values are the whole numbers between 1 and 9, each used only once. Remember that multiplication and division are performed before addition and subtraction.



Get Well Wishes

All our members are special to us; this get-well wish goes out to everyone feeling under the weather and hoping you will be well very soon.



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Got ‘Em Results—Feb 11

Games:

1. Kevin Willson
2. Elaine Love, Elfi Wagner
3. Jane Cuoco
4. Erika Helman, Paola Agresti
5. Patricia Durkin
6. Heather Wilson
7. Dorothy Austin, Elke Pitkin
8. Elfi Wagner

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MATH PUZZLE ANSWER

7	-	5	+	9	11
-	■	-	■	-	
6	-	8	÷	2	2
X	■	X	■	-	
4	X	3	-	1	11
-17		-19		6	

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*There was an Old Man with a
Beard*

By Edward Lear

*There was an Old Man with a
beard,
Who said, 'It is just as I feared!—
Two Owls and a Hen,
Four Larks and a Wren,
Have all built their nests in my
beard!'*

NOTICE

Fragrance Free Building

Perfumes, Aftershaves and other scented beauty products may cause allergic reactions. Please avoid wearing scented personal products when attending the Danube Centre

Danube Activity Schedule

MONDAY	9:00 am Woodshop	9:15 am Scrapbooking	10:30 am Zumba Gold	1:00 pm Bridge Snooker Mah Jong		
TUESDAY	9:15 am Beginner Line Dancing	10:30 am Chair Fitness	1:00 pm Crazy Canasta	1:00 pm Goldenaires	6:30 pm Bid Euchre	
WEDNESDAY	9:00 am Tai Chi	10:30 am Chair Yoga	1:00 pm "Got 'Em" Every 2nd & 4th Wednesday	1:00 pm Bid Euchre Every 1st & 3rd Wednesday	1:00 pm Snooker	7:00 pm Beginner Line Dancing
THURSDAY	9:00 am Woodshop	9:30 am Regular Fitness	10:30 am Chair Fitness	1:30 pm Regular Euchre		
FRIDAY	9:00 am Tai Chi	10:30 am Chair Yoga	1 :00 pm Carpet Bowling			

Card Games Results

Bridge			Bid Euchre			Euchre		
Feb. 2	1 st 2 nd	Frank G. Neil E.	Feb. 3	1 st 2 nd	Heather W. Allan B.	Feb. 5	1 st 2 nd	Lois B. Jim S.
Feb. 9	1 st 2 nd	Fred Ursula	Feb. 24	1 st 2 nd	Allan B. Sue L. Heather B.	Feb.12	1 st 2 nd	William S. Debbie D.
Feb.23	1 st 2 nd	Sally P. Neil E.		1 st 2 nd		Feb.19	1 st 2 nd	William s. Rob S. Pat A.
	1 st 2 nd			1 st 2 nd			1 st 2 nd	