



Did you know we have a [Facebook page](http://facebook.com/BradfordSeniorsCentre)? Check it out at <http://facebook.com/BradfordSeniorsCentre>
The Danube Seniors Leisure Centre: 715 Simcoe Rd., Bradford ON L3Z 4B4
Phone: 905 775-0612 Website: bradfordseniors.ca Email: danubeseniors@rogers.com

President's Message



So much anticipation, so much to do and before you know it Christmas is over. I hope you are all left with happy memories. I sure have a lot of those. Nothing spectacular, but lots of small ones that add up to a wonderful time.

My daughter-in-law broke her arm a week before Christmas so we all had to pitch in preparing the feast, organizing the after dinner games and doing the cleanup.

Boxing Day we braved the winter storm and visited a new Pickleball Complex. Played two hours with my daughter, son in law and grandson. Three generations together, it was so much fun.

What did we do in 2025?

We provided you with wonderful themed lunches and interesting, educational Lunch & Learn sessions. We entertained the children from St. Charles School. Held a puzzle swap and attended Library workshops. Listened to great Saturday Musical Afternoons. Hosted a Seniors Wellness Fair and the ever popular Police Academy. Enjoyed the first summer potluck. Braved the extreme summer heat at Carrot Fest. "Heart to Home" gave us a tasty presentation and Seniors Day was celebrated with a pancake brunch. Savour Simcoe tempted our taste buds with culinary delights and our dancing legs with uplifting music. The Christmas Potluck was again a sea of dishes to satisfy anyone's taste.

It's always a wonderful feeling when programs are so successful you have to add additional classes to the calendar.

Chair Yoga: New class on Wednesday beginning at 10:30am

Chair Fitness: New class on Thursday beginning at 10:30am

Line Dancing: New class starting on January 14th at 7:00pm

Saturday, January 10th "Music in the Afternoon" 1:00 to 3:00pm

Thursday, January 15th our first Lunch & Learn of the year. The CRA will do a presentation. See the flyer for more details.

As you can see it was a busy year. None of it can be done without our volunteers and the incredible support we receive from Holland Gardens, The Elden and the South Simcoe Police. THANK YOU

—Elke





NOTICES

For Seniors in Need: This is the number to call if you would like help with snow shoveling this winter, call 647.990.4484 – No Charge

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The AGM is scheduled for Thursday, March 5th, 2026, at 10:00 a.m. We encourage you to attend in order to cast your vote for the board members who are standing for election. Please refer to page 3 for the Nomination Form. Additionally, nomination forms can be obtained at the centre.



Another popular Music Afternoon was held on December 6th. Come out and join us on January 10th for the next Saturday musical event.

Program Changes starting January

Wednesdays: Tai Chi at 9:00 am

Chair Yoga 10:30 am

Thursdays: Regular Fitness (HasFit) 9:30 am

Chair Fitness 10:30 am

Fridays: Tai Chi 9:00 am

10:30 Chair Yoga

When renewing your Danube membership please be sure to sign that you have read “The Climate of Safety”.

Click HERE to read about the Community Lunch in Bradford today including photos.



AGM and Elections

The Annual General Meeting of the Bradford West Gwillimbury Seniors Association will take place on the morning of Thursday, March 5, 2026, at 10 a.m. The purpose of the meeting is to review financial statements, discuss and potentially make amendments to the BWGSA Constitution, and elect members of the Administrative Board for two-year terms. The following positions are up for election:

President,
2nd Vice President,
Treasurer,
Director of Facilities,
Director of Food Services,
Member(s) at Large.

NOMINATION FORM

NAME and phone number of NOMINEE:

POSITION NOMINATED FOR:

NOMINATED BY: (name and phone number):

Nominee to initial that their permission has been given: _____



It's Beginning to Sound a Lot Like Christmas.....

The hall was decked and a crowd of nearly 70 strong donned their gay apparel for the December 6th "Music in the Afternoon" – Christmas edition.

Carol Belanger, performer, MC, and 'Dad joke' specialist, filled in any gaps between musical numbers as she herself, Bob, Doug, Janice, Joe, Laurie, Meade, Norm, Peter, and a couple of budding musicians (Carol's grandchildren) presented a wide range of seasonal favourites from "Silent Night" to "Grandma Got Run Over by a Reindeer".

The weather outside might have been frightful, but the atmosphere inside was delightful, and the music was outstanding.

The next "Music in the Afternoon" will take place on Saturday, January 10th at 1:00. Don't miss this opportunity to hear some very talented members of our community!

—Jan







"Motion is Lotion"

The Danube Seniors Centre has a long history of providing physical activities for its members. Every weekday, you can expect to find a combination of volunteer, professional and virtual instructors leading classes ranging from low-impact Chair Fitness and Yoga to Line Dancing, Tai Chi and, most recently, Zumba Gold.

One of our longest participants was the late Daisy Koleff, for whom movement was an integral part of her very long life. She was an inspiration to all of us!

If you feel the need to get moving after the holidays, please check the Activities Schedule on the last page of every newsletter. More classes than ever will be available this winter!

—Jan



Got 'em Results December 10

Games:

1. Elke Pitkin
2. Elke Pitkin
3. Kevin Wilson
4. Debbie Davidson
5. Heather Wilson
6. Elke Pitkin
7. Kevin Wilson
8. Susan Simurda

Danube Seniors Centre

715 Simcoe Road, Bradford

Music in the Afternoon

FREE!

**GREAT
MUSIC!**

Saturday, January 10th

1:00 – 3:00 p.m.

Come out to listen and/or Sing-along with
Bob, Carol, Doug, Joe, Laurie, Meade, and
Peter.

Questions? - 905.775.0612.

Pot Luck Quiz

Question	Answer
1 What condiment was once sold as medicine?	:
2 What colour are Ronald McDonald's Gloves?	:
3 What was Buzz Lightyear's original name?	:
4 Only one planet spins clockwise, Which planet?	:
5 Lemons float but limes sink - True or False?	:
6 What was the tiny pocket on jeans designed for?	:
7 The pope Can NOT be a organ doner - True or False	:
8 Is an avocado a fruit or a vegetable?	:
9 Which country is consistently ranked the happiest in the world?	:
10 Besides water, What is the most popular beverage world wide?	:
11 How many feet long is a mile?	:
12 President Theodore Roosevelt had what animal as a pet?	:
13 What is the national animal of Scotland?	:
14 Where is the heart located in a shrimp?	:
15 What is the only fruit that has its seeds on the outside?	:
16 Which animals hold hands while they sleep?	:
17 Identical twins have the same fingerprints - True or False	:
18 Where did Hawaiian pizza (Ham and pineapple) originate from?	:
19 Where would you find the smallest bone in your body?	:
20 What does the word burrito mean in Spanish?	:

Answers on Page 9



Lunch & Learn

Workshop 10:30-11:30 — Lunch 11:45-12:45

Thursday, January, 15 2026

\$10 payment required at time of registration

Sign-up at the Danube

(No phone registrations)

CRA Presentation for Adults 65+

The Government of Canada can provide financial support by assisting Adults 65+ access benefits and credits which they are entitled to.

The speaker will be Lise Julien. Lise has been an Officer with the CRA for over sixteen years. She is bilingual and excited to visit Danube Seniors Leisure Centre. Lise is familiar with Barrie and surrounding area.

CVITP and Benefits Outreach Officer - CVITP and Benefits Outreach Program
Southern Ontario TSO / Canada Revenue Agency / Government of Canada

Six, and counting

The sixth annual Community Christmas Meal for Seniors, sponsored by Holland Gardens and the Elden of Bradford, and catered once again by Malone's Pint House, was held at the Danube Seniors Centre on Friday, December 12th

From the decorated entrance (thanks, Dorothy!) to Elke's tree and Lynn and Deb's interior décor, the Centre provided a beautiful backdrop for the table settings and centre-pieces. Not to mention all the excellent seasonal sweaters, hats and antlers!

Melissa from Holland Gardens announced that over \$500 had been collected for the Helping Hand Food Bank, which was gratefully accepted by Food Bank Director Caroline Kahn. In addition to door prizes draws won by Rose F., Pat T., Elaine L., and Carmen M., there was a 50/50 Draw won by Olga Bishop.

From food preparation to set-up to serving to take-down and clean-up, many thanks to everyone who helped make this event the resounding success that it was!

—Jan





December Pot Luck Luncheon

The tables were groaning under the weight of shared food as we celebrated the season with the Danube Christmas Pot Luck luncheon on Thursday, December 18th.

There were brain teasers on all the tables for co-operative problem-solving before and between courses. Thanks to Linda I. for finding and Melissa M. for reading a selection of hilarious Christmas jokes.

Such a joyous occasion! Especially for Door Prize (thanks to Alessia from the Elden and Melissa from Holland Gardens) winners Anne S. and Susan C., and Share the Wealth winners Connie C., Elke P., Monika S., and Wanda T. Congratulations to all you lucky folks!

Special thanks to Bill Bishop for leading everyone in the singing of "We Wish You a Merry Christmas."

Sincere thanks to everyone who helped make this event "merry and bright."

—Jan



Potluck December 18. Page 2



Answer

- 1 Ketchup
- 2 Yellow
- 3 English
- 4 Venus
- 5 True
- 6 To store a pocket watch
- 7 True
- 8 A fruit
- 9 Finland
- 10 Tea
- 11 5,280 ft.
- 12 A Hyena
- 13 A Unicorn
- 14 It's Head
- 15 Strawberry
- 16 Sea Otters
- 17 False
- 18 Canada
- 19 The Ear
- 20 Little Donkey

ON THIS DAY

- 1801** Great Britain, Scotland and Ireland unite, founding the "United Kingdom".
- 1808** The U.S. Congress bans the importation of enslaved people.
- 1818** Mary Shelley's *Frankenstein; or, The Modern Prometheus* is published anonymously.
- 1863** The 'Emancipation Proclamation' is issued by Abraham Lincoln to free slaves in US confederate states.
- 1901** Australia becomes a Commonwealth, uniting its colonies.
- 1934** Alcatraz Island becomes a U.S. federal prison.
- 1966** #1 Hit: Simon & Garfunkel - *The Sound Of Silence*
- 1966** "Caution Cigarette smoking may be hazardous to your health" warning starts appearing on cigarette packets
- 1972** #1 Hit: Don McLean – *American Pie*
- 2002** The Euro becomes the official cash currency in 12 European countries.
- 2021** The UK leaves the EU single market and customs union, completing Brexit.

LETTER SCRAMBLE

ICAAFR _____ (Continent)
 KEYNOM _____ (Animal)
 ASTRUN _____ (Planet)



Parallel lines have so much in common. It's a shame they'll never meet.

HAPPY BIRTHDAY



Kim Philby

British Spy & double agent for the Soviet Union

BORN January 1st, 1912

DIED 1988 (aged 76)

NATIONALITY English

Harold "Kim" Philby was a British intelligence officer who became one of the most notorious double agents of the 20th century. While working for MI6, he secretly passed information to the Soviet Union as part of the "Cambridge Five" spy ring during the Cold War.

His high-ranking position gave him access to sensitive material, causing serious damage to Western intelligence. When his activities came to light, he defected to Moscow in 1963, where he lived until his death. He later published *My Silent War* (1968), recounting his life as a spy.

He was married 4 times & had 7 children.

“

"To betray, you must first belong."

KIM PHILBY



Honey never spoils - archaeologists have found 3,000-year-old honey still preserved.

New Year's Jokes that will make you groan:

1. What is a New Year's resolution?

Something that goes in one year and out the other.

2. What do snowmen like to do on New Year's Eve?

Chill out.

3. What do New Year's Day parades have in common with Santa Claus?

No one is awake to see either of them.

4. Why do birds fly south for New Year's Eve?

It's too far to walk.

5. My New Year's resolution is to stop procrastinating.

But I'll wait until tomorrow to start.

6. My New Year's resolution is to be more optimistic by keeping my cup half -full ...

... with either rum, vodka or whiskey.

7. What happened to the woman who stole a calendar on New Year's Day?

She got 12 months!

8. Knock knock...Who's there?...Snow...Snow who?...

Snow use - I've forgotten my name!

9. My resolution was to read more

so, I put the subtitles on my TV.

10. What do you call ten Arctic hares hopping back ward through the snow together?

a receding hare line.

11. Why are bad school grades like a shipwreck in the Arctic Ocean?

They're both below C level!

12. What do snowmen do on Christmas?

Play with the snow angels.

13. How does a penguin build a house?

Igloos it together.

14. What happened when an icicle landed on the snowman's head?

It knocked him out cold.

15. How would you scare a snowman?

Get a hairdryer!

16. What kind of cake does the Ice Queen like to eat on her birthday?

The flavour doesn't matter as long as it has lots of frosting.

17. What does a gingerbread man put on his bed?

A cookie sheet.

18. What did the detective in the Arctic say to the suspect?

"Where were you on the night of September to March?

+++++



A Work of Art from Jan's Garden

To all our members who are
celebrating a
birthday this month.

Happy Birthday!



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All our members are special to us; this get-well wish goes out to everyone feeling under the weather and hoping you will be well very soon.



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Jeopardy for Seniors . . .

(Submitted by Olga B.)

ANSWERS WILL BE ON THE TIP OF YOUR TONGUE, BUT YOU JUST CAN'T QUITE REMEMBER THE CORRECT ANSWER...

Let's see how good your memory is. Answers on Page 6.

01. After the Lone Ranger saved the day and rode off into the sunset, the grateful citizens would ask, "Who was that masked man?" Invariably, someone would answer, "I don't know, but he left this behind." What did he leave behind? A _____.

02. When the Beatles first came to the U.S. in early 1964, we watched them on The _____ Show.

03. "The story you are about to see is true. The names have been changed to _____."

04. 'In the jungle, the mighty jungle, _____.'

05. After the Twist, The Mashed Potato, and the Watusi, we 'danced' under a stick that was lowered as low as we could go in a dance called the '_____'.

06. Red Skeleton's hobo character was named _____ and Red always ended his television show by saying, 'Good Night, and _____.'

07. The cute little car with the engine in the back and the trunk in the front was called the VW. What other names did it go by? _____ or _____.

08. We can remember the first satellite placed into orbit. The Russians did it. It was called _____.

09. One of the big fads of the late 50's and 60's was a large plastic ring that we twirled around our waist. It was called the _____.

10. Who knows what secrets lie in the hearts of men? Only the _____ knows!



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Quiz Answers

- 01.The Lone Ranger left behind... A silver bullet
- 02.The Ed Sullivan Show
- 03.To protect the innocent
- 04.The Lion Sleeps Tonight
- 05.The limbo
- 06.Freddy, the Freeloader and 'Good Night and God Bless.'
- 07..Beetle or Bug
- 08.Sputnik
- 09.Hula-hoop
- 10.Shadow

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NOTICE

Fragrance Free Building

Perfumes, Aftershaves and other scented beauty products may cause allergic reactions. Please avoid wearing scented personal products when attending the Danube Centre

for Seniors & Those in Need

A community initiative by the Ahmedyya Muslim Youth Association of Bradford

Our volunteers are offering free snow clearing this winter for seniors, individuals with mobility challenges, and families in genuine need.

No cost. No obligation. Just community.

Let us know if we can help
647-990-4484



Danube Activity Schedule

MONDAY	9:00 am Woodshop	9:15 am Scrapbooking	10:30 am Zumba Gold	1:00 pm Bridge Snooker Mah Jong		
TUESDAY	9:15 am Beginner Line Dancing	10:30 am Chair Fitness	11:45 am Book Club (<i>Bring your own lunch</i>) 1st Tuesday of the month	1:00 pm Crazy Canasta	1:00 pm Goldenaires resume Jan.13	6:30 pm Bid Euchre
WEDNESDAY	9:00am Tai Chi	10:30 Chair Yoga	1:00 pm “Got’Em” Every 2nd & 4th Wednesday	1:00 pm Bid Euchre Every 1st & 3rd Wednesday	1:00 pm Snooker	7:00 pm Line Dancing Starting Jan.14
THURSDAY	9:00 am Woodshop	9:30 am Regular Fitness	10:30 am Chair Fitness	1:30 pm Regular Euchre		
FRIDAY	9:00 am Tai Chi	10:30 am Chair Yoga	1 :00 pm Carpet Bowling			

Card Games Results

Bridge			Bid Euchre			Euchre		
Dec. 1	1 st 2 nd	Fred P. Rosemary S.	Dec. 2	1 st 2 nd	Ann J. Connie C.	Dec. 4	1 st 2 nd	Cynthia H. Elke P.
Dec. 8	1 st 2 nd	Dianne F. Anne R.	Dec. 9	1 st 2 nd	Heather W. Pat A.	Dec. 11	1 st 2 nd	Patrick D. Jim S.
Dec.15	1 st 2 nd	Rosemary S. Neil E.	Dec. 16	1 st 2 nd	Sue L. Doug H.	Dec. 18	1 st 2 nd	Elke P. (Wendy S. Marilyn J. Rick C.)