



Did you know we have a [Facebook page](http://facebook.com/BradfordSeniorsCentre/)? Check it out at <http://facebook.com/BradfordSeniorsCentre/>
The Danube Seniors Leisure Centre: 715 Simcoe Rd., Bradford ON L3Z 4B4
Phone: 905 775-0612 Website: bradfordseniors.ca Email: danubeseniors@rogers.com

President's Message



Childhood memories: My father's sister came to visit. It was quite a trip for her by train and bus. On arrival we noticed her wearing one brown and one black shoe. Boy, did we laugh and make fun of her.

Guess what, last Sunday I went shopping then on to visit my sister. Sometime during the afternoon my brain registered me wearing a black and a blue running shoe. I burst out laughing and sent a silent apology to aunt Mimi.

August 16 we celebrated Carrot Fest. We shared the booth with the "Elden". Set up was done by 8:00 am and half an hour later our streetwalkers were ready to sell Gwillies to the vendors and the growing crowds. Walking up and down the streets of Bradford is never easy. Add to it the incredible heat and it presents quite a challenge.

Thank you Elden for providing a large cooler with ice, water and Gatorade. Our efforts and your generosity netted \$1,781.00 in support of Ronald McDonald House. The final donation will be a cheque for \$2,500.00

August 21 we had our first summer Pot Luck. Chicken, Lasagna, Wraps, Shrimps, dozens of salads and amazing desserts made it a memorable lunch. We will do it again in December.

Saturday, September 6th from 1:00 to 3:00 pm Music in the Afternoon is back. Nine of our talented musicians are scheduled to perform. Should be a great afternoon.

Thursday, September 18th starting at 10:30 am we have a "Heart to Home" food tasting event. Afterwards we will enjoy lunch sponsored by Heart to Home Meals. Pre-Registration required. This is a great opportunity to sample the most recent House to Home menu especially if you have never tasted it before.

Wednesday, October 1st is National Seniors Day. We will honour this day with a pancake breakfast. More information available at the centre.

Mark your calendar: Got 'Em is returning. Wednesday, September 10th and 24th from 1:00 to 3:00 pm.

Something new on the activity schedule.

Bid Euchre Wednesday, September 3rd and 17th from 1:00 to 3:00 pm. Haven't played in a long time? We will give you a refresher course. Never played? We will teach.

Take care, Elke



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NOTICES

**Revised activity schedule for
some Mondays in
September:**

Monday Sept. 1st: Closed

**Monday Sept. 8th: as per
schedule**

**Monday Sept. 15th: NO
ZUMBA. Chair yoga instead
at 10:30**

**Monday Sept. 22nd: NO
ZUMBA. Chair yoga
instead at 10:30**

**Monday Sept. 29th: as per
schedule**

**Heart to Home Food
Tasting. September 17**

Please pre-register with
\$5 donation for the
food bank. Members
who have not been to a
tasting before, this is
your chance to sample
what Heart to Home
has to offer.

Goldenaires Choir

Director Janet Evans and
her husband Bob, also a
Goldenaire are
celebrating 55 years
together. Read about it
[here](#) in
[BradfordToday.ca](#).

Carrot Fest

Check out the article
and photos in
[BradfordToday.ca](#) [Here](#)
as well as in the
newsletter.

For September:

Woodshop re-opens on
Mondays starting Sept.8
Book Club re-convenes
on Tuesday Sept.9
"Got 'Em" returns on
Sept. 13 & 27
Bid Euchre returns on
Sept. 3 & 17
Music in the Afternoon,
Saturday, Sept. 6, 1-3 pm

Attention Goldenaires:

Choir practices resume on
Tuesday, September 9th at
1:00 p.m. If you happen to
have any music left over
from last season, please
return it at that time.

Councillor Jonathan Scott:

Save the date for my next
townhall meeting on
October 4th at 9am at the
new County Housing
building at 151 Simcoe Rd.
[RSVP.](#)

[Bradford Caregiver Support Fair,](#)
[Bradford West Gwillimbury Public](#)
[Library, 13 September 2025 |](#)

Police Academy 2025

This Police Academy was, as usual, a tremendous success. Elisabeth has outdone herself for sure! 20 presentations were done with topics such as, Personal Safety, 211, Victim Services, The Drones, BWG Fire, Crime Stoppers, Frauds & Scams, CHATS, WOW Living, BWG Library, Matthews House Hospice, Prevention of Senior Abuse Network of Simcoe County, Cadet Programs, EMS, Helping Hand Food Bank, BWG Bylaw, Traffic and a visit to hand out Certificates from our new Deputy Chief, Chris Landry along with Jason Vandersar. We would like to thank them all along with Holland Gardens and The Elden for providing weekly yummy snacks. Here are a couple of tidbits.....

DID YOU KNOW THAT:

- there is a new jewelry theft against older adults where they put a fake necklace around your neck and take your real one
- if you have a "file of life" put it on the front of the fridge, paramedics will not be searching your freezer for the information on your medications
- Nitro from our canine unit was born in Slovakia
- your lawn can not be longer than 7.8", otherwise it is a bylaw violation
- The fine for distracted driving is \$615.00 + a 3 day license suspension upon conviction.

If you have not attended an academy please keep it in mind for the next one and learn many more "tidbits".

—Linda Ind





"I used to hate cucumbers, but then I got hooked."

-- D. Foster, re: J. Evans



Lunch & Learn

Workshop 10:30-11:30 Lunch 11:45-12:45

Thursday, October 16th, 2025

Prevention of elder abuse

LEARN ABOUT THE DIFFERENT TYPES OF ABUSE, RISK FACTORS AND
HOW YOU CAN SAFELY SUPPORT SOMEONE IN NEED

Presenter - Linda Ind

Certified Elder Abuse Prevention Education Facilitator

Certified in Mental Health First Aid for persons 65+

Certified PSW

\$10 pre-registration is required

Members in good standing only

**Questions: Danube Seniors Centre 905.775.0612 or
danubeseniors@rogers.com**

Summer Potluck August 21

We enjoyed another successful potluck lunch on Thursday, August 21, with 60 participants, including our amazing volunteers. Olga attended with her patriotic purse, and we've included photos so everyone can see it. Jan was at the podium to share some reminders and jokes to make us laugh. Each person brought great dishes to share, including some lovely desserts for our sweet tooth. Thank you everyone who attended and helped with the clean up.

-Edale





Olga and her "Patriotic bag"

The other side of the bag is a different design,
next time you see Olga check it out!



Happy Birthday

On Friday, August 29th, we brought out a cake and candle to celebrate the 92nd birthday of longtime Danube member and carpet bowler par excellence, Christa Hentsch. Many happy returns, Christa!



Happy Birthday

Lynn K. celebrating her birthday with Jan and some sweet birthday cake!

The Relics

On Wednesday, August 13th, Danube members were treated to a free concert by "The Relics", the trio of Laurie LeBlanc, Norm Fex and Peter Adamo. What a talented group of musicians!

From the first chords of The Monkees' "I'm a Believer", to the last claps of "Old Time Rock 'n' Roll", the audience enjoyed the "Peaceful, Easy Feeling" that you get when singing along with old favourites. The Relics played a wide variety of songs from the 40's to the 80's, with technician Duncan Foster making sure the sound was just right.

Thanks for some great music, Relics! We can hardly wait to have you back!

- Jan





Danube Seniors Centre

Music in the Afternoon

Saturday, September 6th, 2025

1:00 – 3:00 p.m.

Come out to listen and/or Sing-along.

Entertainers expected: Bob, Carol, Doug,
Janice, Joe, Laurie, Meade, Norm, Tom

Questions? Call the
Danube Centre at
905.775.0612



Carrot Fest August 2025

Saturday, August 16th should go down in history as one of the hottest Carrot Fest days ever! By 7:45 a.m., our intrepid crew of Gwilly sellers had set up our part of The Elden booth and were out and about offering our carrot pins to other vendors and earlybird attendees. Mikki and Edna also managed to do a little fishing along the way.

Danube crafters made 1,358 carrots (!) and it was our goal to sell them all, but it was just too hot and we had to stop before we were all victims of heat stroke.

Many thanks to all the crafters who produced the Gwillies for us to sell; to Alessia and The Elden for letting us share their booth; to Mel for letting Debbie D. sell from the Holland Gardens booth as well; to Mike A. for helping with set-up, take-down and refreshment delivery; to Jonathan for safely transporting the Gwilly statue; to our 'streetwalkers': Mikki B., Lynda U., Lynda N., Edna H., Marie M., and Pat A., and to our booth volunteers: Elke P., Jan E., and Lynn W.

Thanks also to all the members of the BWG community who braved the heat and contributed to our cause.

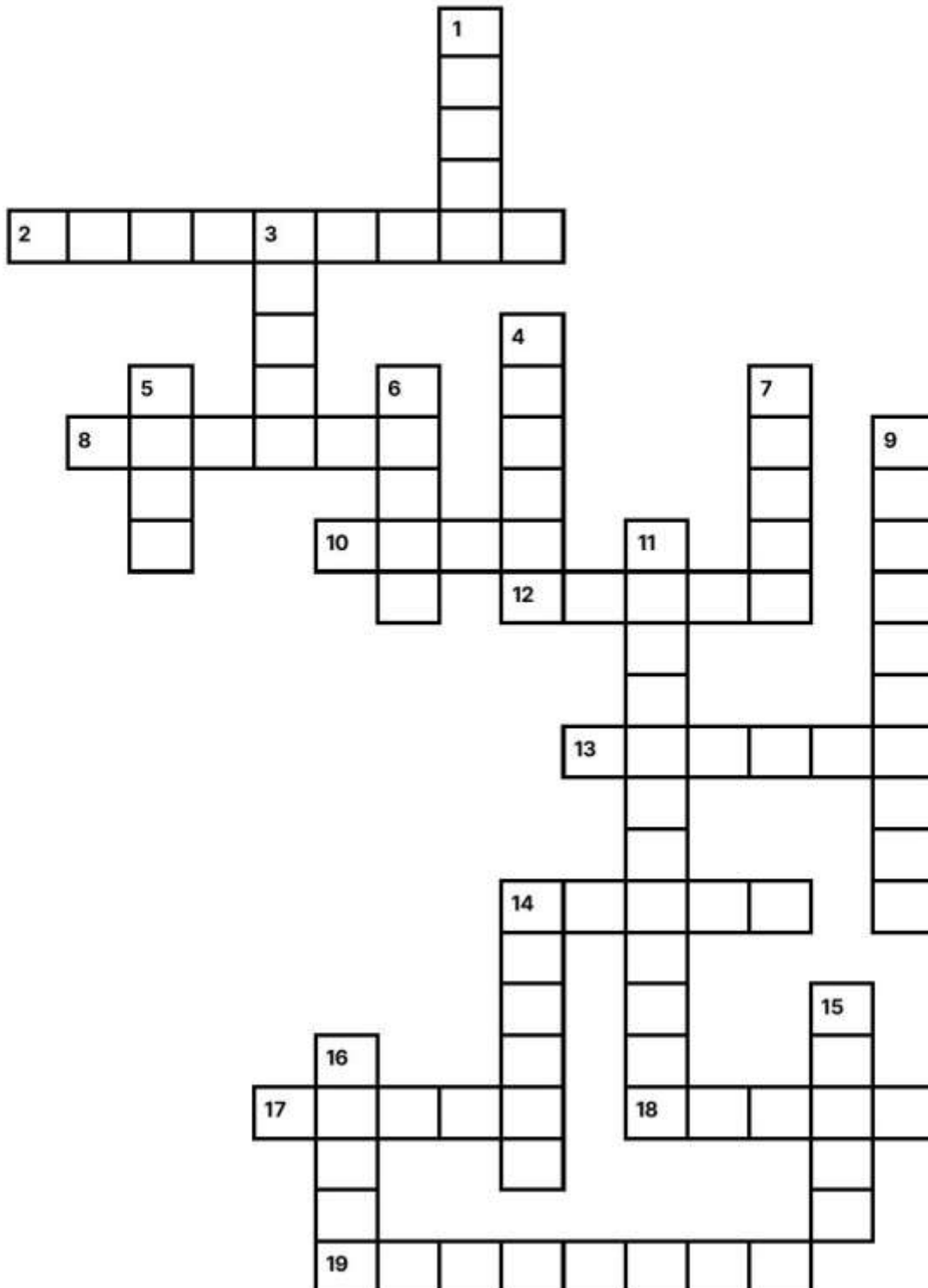
—Jan





Crossword

ELVIS PRESLEY SONGS



Crossword

ELVIS PRESLEY SONGS



Across

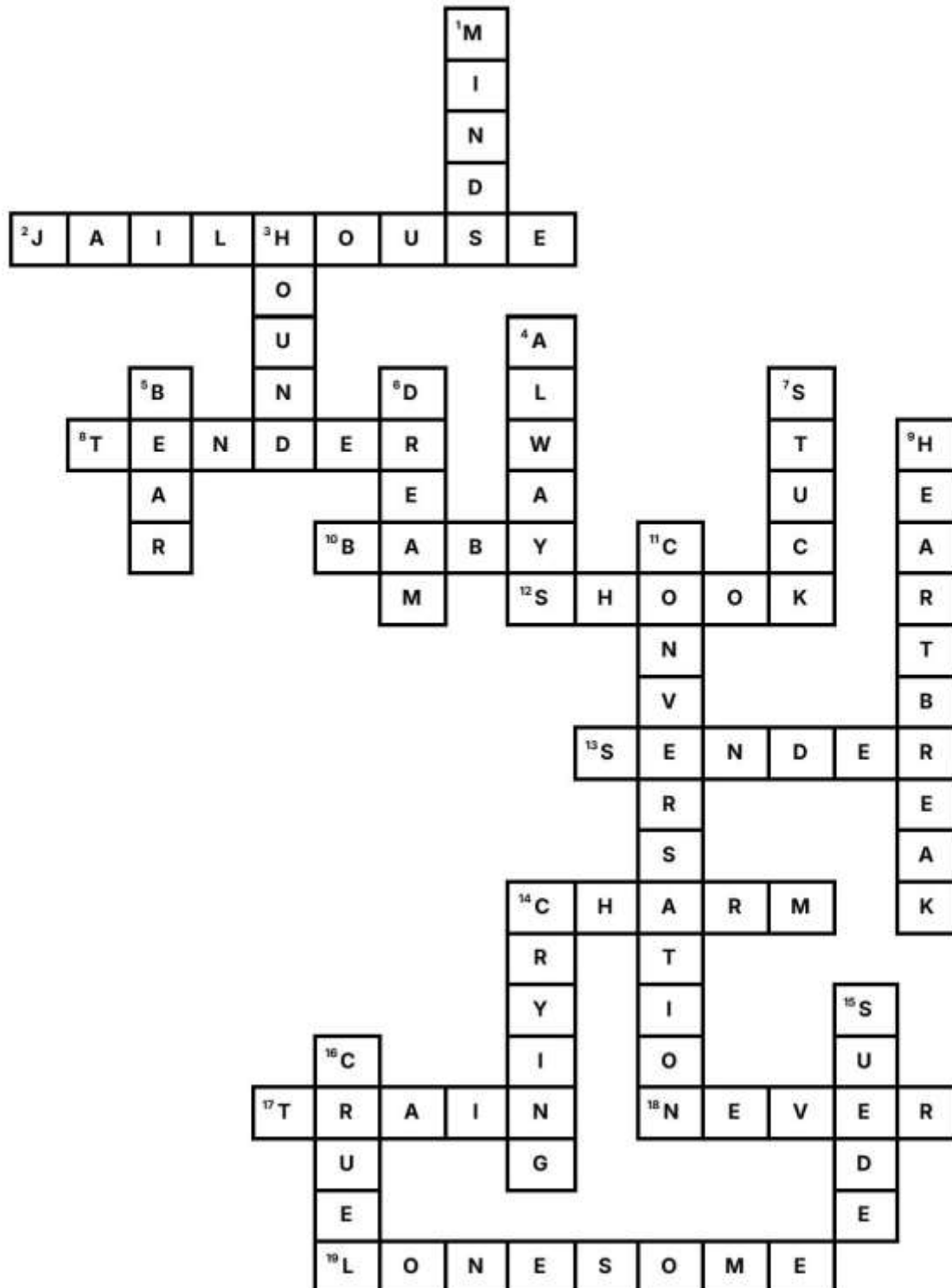
- 2. _____ Rock
- 8. Love Me _____
- 10. Bossa Nova _____
- 12. All _____ Up
- 13. Return To _____
- 14. Good Luck _____
- 17. Mystery _____
- 18. It's Now or _____
- 19. Are You _____ Tonight?

Down

- (9) 1. Suspicious _____ (5)
- (6) 3. _____ Dog (5)
- (4) 4. _____ On My Mind (6)
- (5) 5. Teddy _____ (4)
- (6) 6. If I Can _____ (5)
- (5) 7. _____ On You (5)
- (5) 9. _____ Hotel (10)
- (5) 11. A Little Less _____ (12)
- (8) 14. _____ In The Chapel (6)
- 15. Blue _____ Shoes (5)
- 16. Don't Be _____ (5)

Crossword

ELVIS PRESLEY SONGS





Danube Leisure Senior Centre ...

Welcomes you to...

Heart to Home FOOD TASTING



**COME OUT AND JOIN US
for a**

**FOOD TASTING EVENT
followed by lunch
compliments of
Heart to Home Meals**

WHEN: September 18th
WHERE: 715 Simcoe Rd
TIME: 10:30 A.M.

**THERE ARE A LIMITED
NUMBER OF SPOTS - 60**

**PRE-REGISTRATION IS
REQUIRED!**

Register by: September 11th

RSVP: danubeseniors@rogers.com
905-775-0612

**FOOD BANK - \$5.00 DONATION FOR
ATTENDEES - THANK-YOU**

*To all our members who are
celebrating a
birthday this month.*

Happy Birthday!



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the weather and hoping you will
be well very soon.*



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Dog and Lion joke.

Somehow a dog gets lost in an African jungle. As he is finding his way a lion spots him. The lion thinks since the dog is so small he will be easy prey. When the dog sees the lion he gets extremely scared and starts to run. At a clearing he sees some bones and gets an idea. As the lion approaches he says "Mmmm, that was some good lion." The lion immediately realizes this dog is a lot tougher than he thought and runs off. But there was a monkey in a tree watching the whole time. The monkey decides if he tells the lion what had happened the lion might reward him. So he tells the lion the story. The lion is angered by this because nothing fools the king of the jungle. He tells the monkey to get on his back so they can share the dog when they find him. As the lion and monkey find the dog, the dog spots them as well. The dog knows he is in real trouble so begins to run down the path. In another clearing he stops with another idea. He yells angrily: "Where is that monkey? I told him to bring me another lion hours ago!"



Man walks into a bar with his dog. Bartender says, "if your dog can talk, I'll buy you a drink." The man says, "sure. Ask him a baseball question." "Who the best baseball player ever?" Dog replies "Ruth." Bartender says, " Gimme a break" and walks away. Dog looks at the man and says "Sorry, I should have said DiMaggio."

Dog is walking down the street when he meets a cat. Cat says, "Good morning." Dog says, "Wow, a talking cat!"

An Irish dog starts going to a pub and always orders three pints of beer. After a few visits, the bartender says to the Irish dog, "Hey why do you always order three drinks at a time?" Looking down at three pints, the Irish dog says "I drink one for me, and one for each of my dog brothers, who live overseas." This tradition continued, until one day the Irish dog came in and only ordered two drinks. With sadness in his eyes, the bartender asks, "Oh dear, was there a tragedy? " "Yes," the Irish dog answered. "I quit drinking."



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NOTICE

Fragrance Free Building

Perfumes, Aftershaves and other scented beauty products may cause allergic reactions. Please avoid wearing scented personal products when attending the Danube Centre

A woman brought a very limp duck into a veterinary surgeon. As she laid her pet on the table, the vet pulled out his stethoscope and listened to the bird's chest.

After a moment or two, the vet shook his head and sadly said, "I'm sorry, your duck, Cuddles, has passed away." The distressed woman wailed, "Are you sure?" "Yes, I am sure. Your duck is dead," replied the vet.

"How can you be so sure?" she protested. "I mean you haven't done any testing on him or anything. He might just be in a coma or something."

The vet rolled his eyes, turned around and left the room. He returned a few minutes later with a black Labrador Retriever. As the duck's owner looked on in amazement, the dog stood on his hind legs, put his front paws on the examination table and sniffed the duck from top to bottom. He then looked up at the vet with sad eyes and shook his head.

The vet patted the dog on the head and took it out of the room. A few minutes later he returned with a cat. The cat jumped on the table and also delicately sniffed the bird from head to foot. The cat sat back on its haunches, shook its head, meowed softly and strolled out of the room.

The vet looked at the woman and said, "I'm sorry, but as I said, this is most definitely, 100% certifiably, a dead duck."

The vet turned to his computer terminal, hit a few keys and produced a bill, which he handed to the woman.. The duck's owner, still in shock, took the bill. "\$150!" she cried, "\$150 just to tell me my duck is dead!"

The vet shrugged, "I'm sorry. If you had just taken my word for it, the bill would have been \$20, but with the Lab Report and the Cat Scan, it's now \$150."



Danube Activity Schedule

MONDAY	9:00 am Woodshop	9:15 am Scrapbooking	10:30 am Zumba Gold	1:00 pm Bridge Snooker Mah Jong		
TUESDAY	9:15 am Beginner Line Dancing	10:30 am Chair Fitness	11:45 am Book Club (<i>Bring your own lunch</i>) 1st Tuesday of the month	1:00 pm Crazy Canasta	1:00 pm Goldenaires	7:00 pm Bid Euchre
WEDNESDAY	9:15 am Tai Chi	10:30 am Ladies Snooker	1:00 pm "Got'Em" Every 2nd & 4th Wednesday	1:00 pm Bid Euchre Every 1st & 3rd Wednesday	1:00 pm Snooker	
THURSDAY	9:00 am Woodshop	10:00 am Quilting Group	10:30 am Regular Fitness	1:30 pm Regular Euchre		
FRIDAY	9:00 am Tai Chi	10:30 am Chair Yoga	1:00 pm Carpet Bowling			

Card Games Results

Bridge			Bid Euchre			Euchre		
Aug. 11	1 st 2 nd	Fred P. Anne R.	Aug. 5	1 st 2 nd	Tony J. Allan B.	Aug. 7	1 st 2 nd	Angelo D. Rick M.
Aug. 11	1 st 2 nd	Anne R. Neil E.	Aug. 12	1 st 2 nd	Tony J Doug H.	Aug. 14	1 st 2 nd	Connie C. William S.
Aug. 25	1 st 2 nd	Fred P. Rosemary S.	Aug.19	1 st 2 nd	Heather w. Allan B.	Aug. 20	1 st 2 nd	Al W. Earl M.
	1 st 2 nd		Aug.26	1 st 2 nd	Connie C. Heather W.	Aug. 27	1 st 2 nd	Debbie (Sheila M. Janet B.)