



Did you know we have a [Facebook page](http://facebook.com/BradfordSeniorsCentre/)? Check it out at <http://facebook.com/BradfordSeniorsCentre/>
The Danube Seniors Leisure Centre: 715 Simcoe Rd., Bradford ON L3Z 4B4
Phone: 905 775-0612 Website: bradfordseniors.ca Email: danubeseniors@rogers.com

President's Message



Last night I attended the last session of “ Music in the Park” at the new BWG Public Square. This time the music was all about ABBA. The place was packed. There must have been well over a thousand people in attendance. Seeing teenagers, moms with toddlers and senior citizens dancing side by side having a great time was absolutely amazing. What a wonderful way to

bring the community together! Let's hope they do it again next year.

Wednesday, August 13th starting at 2:00 pm, we present a free concert. Should be a fun afternoon. See the flyer for more details.

You asked about Shuffleboard. We will give it a try on August 12th starting at 9:00 am in the morning. Come on out and see what it is all about.

Now the Big Event. On Thursday, August 21st we will have a Summer Pot Luck. Please register: We have to know how many tables to set up to display all those culinary masterpieces. This is your chance to pick and choose from 50+ dishes.

August is Carrot Fest time. On August 16 we will be sharing the booth with the Elden. The carrots are done and the schedule for the Street Walkers is set. Do you know what it takes to make one carrot? You start with cutting followed by sewing, stuffing, cutting the top, some more sewing, glueing the eyes and painting the face. Multiply that by 1358 (for the eyes it's 2716) and the end result is what you see at carrot fest. We have an amazing , dedicated group of volunteers. They deserve to be recognized. A Big, Big thank you to Olga, Dianne, Lynda, Susan, Sandy, Marie, Carol, Linda, Betty, Patricia, Theresa, Terry and Sara.

Stay safe, Elke



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NOTICES

Thursday, August 7

South Simcoe Police Canine Unit at 9:00 am

Police Academy final day is August 13. Regular programming returns on August 20.

No Line Dancing August 12, 26, & September 2. Instead we will have Shuffleboard at 9:00 am.

Calling all Shuffleboard

Fans: let the office know if you would like to play at the Danube.

Music in the Afternoon

scheduled for August 2 has been cancelled. The next date will be **September 6.**

Bid Euchre every first and third Wednesday except for August 13.

NEW &

We are working on a very important project with **Prevention of Elder Abuse** Simcoe County, South Simcoe Police and a few other community agencies. This project is going to be all about education and at the same time fun and light on content in the form of a variety show. We are looking for a

narrator, writers, poets, performers. Next step is to put together a "writing group" to start discussions on how we can work together to gather ideas for the show. If you are interested, please contact Jan Evans or me directly by calling the office. The date for the actual show will be February 25th, 2025, in the afternoon hosted by the Danube Seniors Leisure Centre. – Linda Ind

Click [here](#) to read Jan's chat with BradfordToday on Gwilly pins.

A reminder to not wear any perfumed product at the Danube. Many people are allergic to fragrances.— Thank you

Connect

Community Services

Are holding a family-friendly fundraiser walk that helps local charities who support aging Canadians and their families. Team up, walk, and fundraise with us on Saturday, September 20, 2025! More information is on page 10 of the newsletter.

The Westbrook Parkette at 93 Long St. is set to become Lloyd Park in recognition of the many contributions of **Leila and Edgar Lloyd** click [here](#) for the article in Bradford Today.





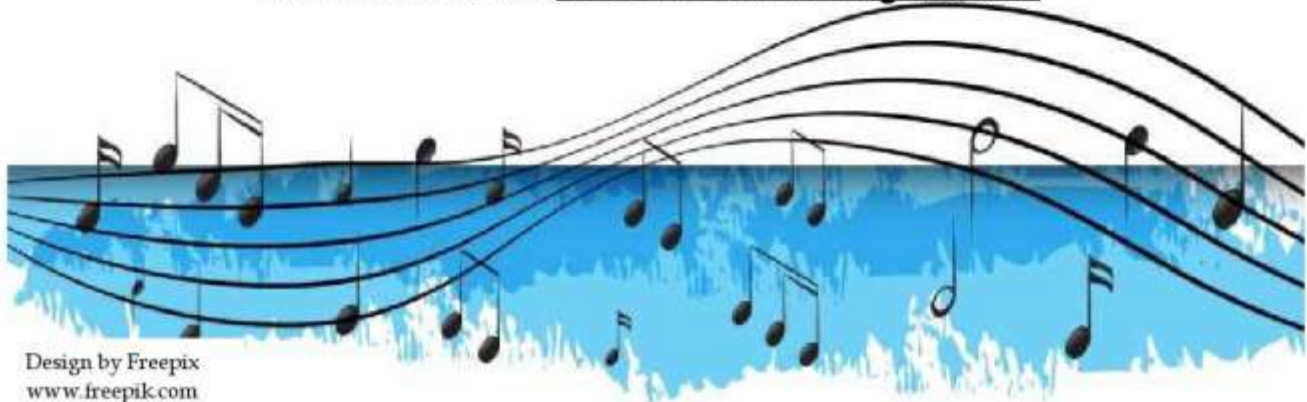
ADAMO FEX LEBLANC



Free Concert Presentation

Wednesday, August 13, 2025, 2:00 pm

**Questions? Contact the office at
905 775-0612 or danubeseniors@rogers.com**



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www.freepik.com

Hello Danube Friends!

It's been a while since I have contributed to your newsletter (thank you Edale for the friendly reminder!) Do you remember me!!! Hoping between the extreme heat and rainy days you have all had some time to be outdoors and enjoy the summer months.

Scam Alert!

Please take a minute to read the below information and remember to share it with a friend!

The below is a text that is being sent out. **It is a SCAM.** If you are caught speeding by an Automated Speed Enforcement (ASE) Camera, you will receive a ticket in the mail, **you will not be sent a text message.** Do not click on the link. If you are concerned that you may in fact have a ticket to pay, call the town, ASE is run by the town.

I found the below on the town's website in relation to ASE tickets and fines.

ASE Tickets and Fines

Tickets are issued to the registered owner of the vehicle regardless of who was driving. For instructions on how to pay your ASE ticket, **please see the back of the notice you received in the mail. (clearly implies no text message will be sent)**

The penalty is only a fine. Tickets issued via ASE do not result in demerit points and do not impact the registered owner's driving record.

So – remember – tickets are mailed to you – not sent via text or email and no one will call you in relation to an ASE ticket.



Aside from working, I am also planning a trip to Portugal with my husband, brother (his wife) and my mother. We are celebrating her upcoming 80th birthday. We're very excited, first time for all of us! We are landing in Porto, will make our way towards the Algarve, and then head to Lisbon for a night prior to flying home! If you have any good advice, suggestions, places to see, send them my way!

Stay well – *Elisabeth*

Lunch 'n' Learn July 17, 2025



Great attendance today for this very important topic - 63 people total. Frank did a great job of answering questions, never enough time.

We will try to set up another session in the fall - so what would you like to learn more about? Contact me with your ideas.

- Linda Ind









SUMMER POTLUCK

Thursday, August 21,
2025

11:30 – 1:00 p.m.

Bring a dish to share

Questions? Call the Danube at 905 775-0612

Register at the Danube Centre – a sign-up sheet will
be available

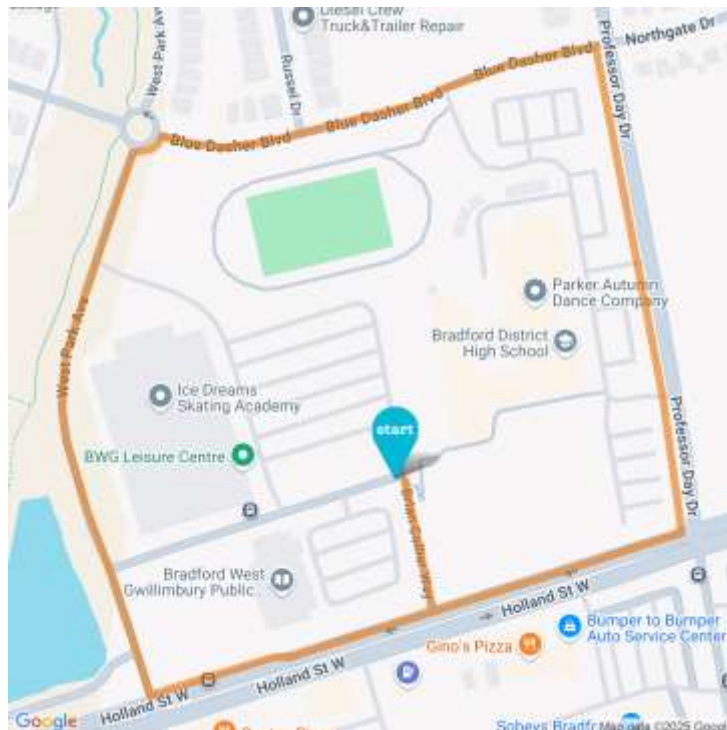
The Grand Parade is a family-friendly fundraiser walk that helps local charities who support aging Canadians and their families. Team up, walk, and fundraise with us on Saturday, September 20, 2025!

Schedule

- **10:00 am: Meet Check-in**
 - **10:45 am: Muster Gather for Opening Remarks**
 - **11:00 am: Move Send-off**
 - **12:00 pm: Munch Light meal served**
- 1:00 pm: Mosey Thank You! See you in 2026!**
9 Walkers | 5 Teams | 1 Volunteer | 57 Days Left

[Register Fundraise and join us!](#) [Donate Direct Give to our official Team](#) [Volunteer Help out on TGP Day](#)

Have questions? Visit the [FAQ](#) section!



Bond Head  Bradford
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COMMUNITY GARDEN TOUR & VIEWERS CHOICE AWARDS

July 25 – Aug 10

Take a stroll or drive through Bradford and Bond Head to explore beautiful local gardens—marked with signs and mapped for easy viewing. Then vote for your favourites in our Viewer's Choice Awards!

Have a garden to show off—or know someone who does?

Enter or nominate a garden today!
Let's celebrate the beauty blooming in our community!

Front or Side Gardens Only

Scan the QR
Code to Enter



Please note: The last day to be added to the tour is July 19th, 2025.

The list of addresses and map for the Garden Tour You can also pick up a paper copy of the map at the Century 21 office 49 Holland Street W.

Bond Head  Bradford
GARDEN CLUB
Since 1975

COMMUNITY GARDEN TOUR



July 25 – Aug 10

22 Fox Run Lane.

85 Northgate Dr.

167 Northgate Dr.

48 Turner Court

53 Cambridge Cres.

145 Nelson St.

61 Magani Ave.

33 Magani Ave.

138 Blue Dasher Blvd.

1 West Park Ave.

274 Miller Park

87 Rogers Trail

29 Gardiner Dr.

35 Mills Crt.

25 Bradford St.

30 Booth St.

28 Booth St.

71 Aelick Court

129 Brookview Dr.

125 Brookview Dr.

21 Eve Ct.

16 Geddes St.

18 Leith Dr.

715 Simcoe Rd.

3288 County Rd. 27

4198 Simcoe Rd. 88

4318 Simcoe Rd. 88

4320 Simcoe Rd. 88

4280 Simcoe Rd. 88

**SCAN FOR
GOOGLE
MAP**



**SCAN TO
VOTE FOR
YOUR
FAVOURITE**



(Voting open until 11:59pm August 10th.)



Rhubarb Quiz

Question Answer

1 Rhubarb was first used as a medicine before it was considered a food. True or False?

2 The roots of the rhubarb plant were ground up and used as medicine for:

- a) Skin rashes
- b) Constipation
- c) Sore joints
- d) Headaches

3 Name 2 culinary uses for rhubarb?

4 In the 1700s, rhubarb was valued during the scurvy epidemic because it is very high in which vitamin?

5 Is rhubarb a perennial or annual plant?

6 Is rhubarb a fruit or vegetable?

7 Canadian rhubarb varieties have been cultivated to flower infrequently. True or False?

8 These varieties will only flower and go to seed when:

- a) The plant has been stressed
- b) Has been over-watered
- c) Over-exposed to cold temperatures
- d) Forced growing of an immature plant

9 Name 1 thing that can cause a plant to become stressed?

10 Rhubarb grows from a crown consisting of buds and rhizomes. True or False?

11 Rhizomes are creeping underground root systems that allow

- a) Leaves to grow from the soil
- b) New shoots to grow upwards
- c) Interlock with each other for stability
- d) Kill off insects in the soil

12 Once the rhizome has matured it can be dug up and _____

13 What kind of climate does rhubarb enjoy?

14 Rhubarb grows well in the Northern U.S. and Canada because of our long summers. True or False?

Answers - Quiz

1 True

2 b) Constipation

3 Jams, jellies, compotes, pies, sauces, cakes, tarts, fresh with sugar

4 Vitamin C or Ascorbic Acid

5 Perennial

6 Vegetable

7 True

8 a) the plant has been stressed

9 Lack of water, too much sun, poor soil nutrients, very old plant

10 True

11 b) New shoots to grow upwards

12 Transplanted or separated to make new plants

13 Cold

14 False – it grows well because of our frost cycles



To all our members who are
celebrating a
birthday this month.

Happy Birthday!



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There's an interesting book review in the daily CBC newsletter I receive online. The book is by Gabe Henry and it's about the reasons behind some of the strange spelling of English words. It looks very interesting and I think I'll buy it. Check it out by clicking [here](#).



The surest sign that intelligent life exists elsewhere in the universe is that none of it has tried to contact us.

- Bill Watterson

When they discover the center of the universe, a lot of people will be disappointed to discover they are not it.

- Bernard Bailey

Sometimes I lie awake at night and ask why me? Then a voice answers 'Nothing personal, your name just happened to come up.'

- Charles M. Schulz

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of Bradford


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Math Puzzle

5	-	4	÷		3
X		+		+	
	+		X		15
-		+		-	
7	X		-		53
38		18		0	

 The missing values are the whole numbers between 1 and 9, each used only once. Remember that multiplication and division are performed before addition and subtraction.

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Solution provided By Jan as it was missing from The Curious Guide!

$$5 - 4 \div 2 = 3$$

$$9 + 6 \times 1 = 15$$

$$7 \times 8 - 3 = 53$$

Please remember the Danube is a Perfume and Aftershave free location. Many people are allergic to these products.

FRAGRANCE 

Danube Activity Schedule

MONDAY	9:00 am Woodshop <i>Closed</i>	9:15 am Scrapbooking	10:30 am Zumba Gold	1:00 pm Bridge Snooker Mah Jong		
TUESDAY	9:15 am Beginner Line Dancing	10:30 am Chair Fitness	11:45 am Book Club (<i>Bring your own lunch</i>) 1 st Tuesday of the month <i>On hiatus until September</i>	1:00 pm Crazy Canasta	1:00 pm Goldenaires <i>On hiatus until September</i>	7:00 pm Bid Euchre
WEDNESDAY	9:15 am Tai Chi	10:30 am Ladies Snooker	1:00 pm Coffee & Chat 3 rd Wednesday of the month. <i>On hiatus until further notice</i>	1:00 pm "Got'Em" Every 2nd & 4th Wednesday <i>On Hiatus until September</i>	1:00 pm Bid Euchre Every 1st & 3rd Wednesday	1:00 pm Snooker Craft Group
THURSDAY	9:00 am Woodshop	10:00 am Quilting Group	10:30 am Regular Fitness	1:30 pm Regular Euchre		
FRIDAY	9:00 am Tai Chi	10:30 am Chair Yoga	1 :00 pm Carpet Bowling <i>No Sunday Bowling</i>			

Card Games Results

Bridge			Bid Euchre			Euchre		
June 30	1 st 2 nd	Fred P. Darcy E.	July 8	1 st 2 nd	Sue L. Tony J.	July 3	1 st 2 nd	Angelo D. Wendy S.
July 7	1 st 2 nd	Sally P. Fred P.	July 15	1 st 2 nd	Heather W. Doug H.	July 10	1 st 2 nd	Sheila M. Fran B.
July 14	1 st 2 nd	Fred P. Darcy E.	July 22	1 st 2 nd	Allan B. Heather W.	July 17	1 st 2 nd	William S. Rebecca B.
July 21	1 st 2 nd	Dianne F. Elfi W.	July 29	1 st 2 nd	Sue L. Doug H.	July 24	1 st 2 nd	Pat A. Marilyn J.
July 28	1 st 2 nd	Neil E, Gerry F.				July 31	1 st 2 nd	Ann J. Bruce F.