



Issue 216

July 2025

Did you know we have a [Facebook page](http://facebook.com/BradfordSeniorsCentre/)? Check it out at <http://facebook.com/BradfordSeniorsCentre/>
The Danube Seniors Leisure Centre: 715 Simcoe Rd., Bradford ON L3Z 4B4
Phone: 905 775-0612 Website: bradfordseniors.ca Email: danubeseniors@rogers.com

President's Message



HAPPY CANADA DAY! According to the weather map it's not going to be a scorching hot day. Hope you all have a wonderful time with family and friends.

Our Canada Day Lunch on June 19 was another great success. Most of you participated in turning the hall into a sea of red and white. The food was amazing, especially the old fashioned jellied carrot salad which turned out to be a big hit. We will have it again next year.

Wednesday, July 9 is the start of Police Academy

Saturday, July 12 from 1:00 to 3:00 p.m. "Music in the Afternoon" returns. Come on out and enjoy a wide range of musical pieces. There really is something for everyone.

Thursday, July 17 starting at 10:30 am we host another Lunch & Learn.

This time the discussion will be about "Wills and Estates". One of my relatives absolutely refuses to talk about any subject relating to death. I know from personal experience how much easier it is for the ones left behind to have clear instructions and all the paperwork in order. If you have any questions regarding probate, executor, tax implications this is the place to get answers.

We will serve salad, sandwiches, dessert, coffee and tea.

Wednesday, July 9 from 1:00 to 3:00 pm is our first Bid Euchre afternoon. Four beginners and eight experienced players signed up.

Looking forward to a fun, no stress game.

Have a great summer!

-- Elke





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NOTICES

Summer Program Changes Reminder

No Got 'Em July & August

No Drop in with the Library July & August

No Goldenaires July & August

No Sunday Carpet Bowling July & August

No Book Club July & August

Woodshop: The shop will be closed ALL Mondays in July & August. It will be open on Thursdays from 9:00 am to 12 noon only.

No Line Dancing August 12 & 26 & September 2

Join us for Bid Euchre on Wednesday, July 9 at 1:00 pm.

Speed Camera Update

Though the pilot project officially ended on April 30, 2025, the Town of BWG has opted to continue its use of "Automated Speed Enforcement" (i.e., Speed cameras) beyond the original one-year limit. The current locations of cameras:

- 1. Holland Street West – at Brian Collier Way**
- 2. Langford Boulevard- between Meadowhawk Trail and Blue Dasher Blvd.**
- 3. Miller Park Avenue - between Milby Crescent and Boyd Lane Colborne Street (Southbound) - between Natale Court and Scanlon Avenue**

More information relating to future locations and other details will be shared when available.

Music Afternoon Memories

Have you attended a Saturday "Music in the Afternoon" yet? To get an idea of what they're like, everyone is invited to take a minute to check out the frame of photos taken at the April musical afternoon and compiled by Mikki Buckley. The white frame hangs just inside the main doors, adjacent to the office window. Thanks, Mikki!

Calling all Shuffleboard Fans: let the office know if you would like to play at the Danube. If there is enough interest we will look into adding it to our program lineup.

Citizen Police Academy

JULY & AUGUST 2025

Wednesday mornings
from 9:30am - 12pm



DANUBE SENIORS LEISURE CENTRE

715 Simcoe Road, Bradford

Dates:

July 9th/16th/23rd/30th

August 6th/13th/20th

Come join us for a 7 week program of engaging and educational sessions. Learn about frauds and scams, our service's specialized units (Drone, K9, Forensics, etc.), and enjoy presentations from several valuable community partners.

Light refreshments will be provided.

To register contact the Danube Centre at
905-775-0612.





Health and Wellness Fair June 4, 2025

What a great turn out for our community event, we had a total of 70 people come through the booths and 21 community partners. We want to thank our Mayor, James Leduc for the proclamation of Seniors Month and his talk about how valued our older adults are in the community, Councillor

Jonathan Scott for reading it out and Councillor Cheraldean Duhaney for attending.

The feedback so far has been nothing but positive. A quote from The Royal Canadian Legion Branch 521 "We experienced an interest in our projects, and I made important connects with some of the other organizations." - Linda

- Door prize winners:

Carol Belanger
Alvin Belanger
Gregory Lo
Tracey-Anne
McConville
James McConville
Pat Thompson
Terry Lotto
JoAnne Norton
Gary Lamb
Janet Boyko

Elaine Love
Linda Ind
Marie Wood
Wanda Thomas
Bill Bishop
Barb Ennis
Claire Akkerman

Health & Wellness Fair Participants

- AMICA
- BWG Fire and Emergency Services
- Bradford Public Library
- CFS Counselling & Well Being
- CHATS
- Contact Community Services
- Danube Seniors Leisure Centre
- Elsbeth Heyworth Centre
- Hearing Life Bradford
- Home Instead
- Holland Gardens
- Holland Marsh Growers Association
- LOFT
- Matthews House Hospice
- Memories+ Group
- Prevention of Senior Abuse Network
- Simcoe County
- Royal Canadian Legion – Bradford
- South Simcoe Police





Photo credit: Gianluca Vella , Mayor's Office

Danube Photos





Contact Seniors Programs



Home Instead



Elspeth Hayward Centre





BWG Public Library



CFS



HearingLife



ehcw



S. Simcoe Case Management



CFS



Elsbeth Heyworth Centre

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- Be a leader in the community
- Discover new interests
- Make new friends

 Linda@contactcommunityservices.ca
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Jan took a lovely photo of Councillor Scott with the "Craft Ladies" on June 4. Unfortunately Olga was missing.

Ontario Health at Home

We're here to help!
We help patients and their families and caregivers to:

- Remain safely at home with the support of health and other care professionals
- Leave the hospital and recover at home
- Find a family doctor or nurse practitioner
- Find community services that support healthy, independent living
- Transition to long-term care or supportive housing
- Die with dignity in the setting of their choice

We work with Ontario Health Teams to make it easier for patients to navigate the health care system.
For more information, visit ontariohealthathome.ca or call 310-2222 (no area code required)



Lunch & Learn

Workshop 10:30-11:30-- Lunch 11:45-12:45

Thursday, July 17th, 2025

WILLS AND ESTATES
GUEST SPEAKER: LOCAL LAWYER,
FRANK GRISÉ

\$10 pre-registration is required

Members in good standing only

Contact: Danube Seniors Centre 905.775.0612 or
danubeseniors@rogers.com

Canada Day Luncheon

Great attendance, everyone looked amazing, most wore red and white to honour Canada Day. Total attendance was 70.

Thank you to our amazing volunteers, South Simcoe Police, Holland Gardens and The Elden for their contributions.

Looking forward to our next event,
- Linda Ind

Door Prize winners: Diana Taseckas, Laura deHaas, Ann Foster, Eileen Pipino

Share the Wealth winners: Doug Jackson, Elke Pitkin









Danube Seniors Centre

Music in the Afternoon

Saturday, July 12th, 2025

1:00 – 3:00 p.m.

Come out to listen and/or Sing-along.

**Entertainers expected: Peter, Bob, John,
Doug, Laurie, Joe, Meade & Carol**

Admission: Free

**Questions? Call the
Danube Centre at
905.775.0612**





Blast from the Past!

It's the late Gerda Slykhuis with Petra Broks who still attends Chair Yoga at the Danube nearly every week.

Thank you to whoever found this photo in one of our library books and turned it in at the office! Looks like they were having fun at their Pajama Party

-Jan

Canadian Jokes

- * Every time I hear a mean joke about being Canadian, I go to the hospital and get my feelings checked for free.
- * What's the difference between America and Canada? The Americans have really nice neighbours
- * In Canada the seasons are: almost winter, winter, still winter and road construction.
- * How many Canadians does it take to change a light bulb? None – they accept things the way they are.
- * A patron in a Montreal restaurant turned on a tap in the washroom and got scalded. "This is an outrage," he complained. "The faucet marked 'C' gave me boiling water." "But, Monsieur, 'C' stands for chaud, the French word for hot. You should know that if you live in Montreal." "Wait a minute," the patron shrieked. "The other tap is also marked 'C.'" "Of course," said the manager. "It stands for cold. After all, Montreal is a bilingual city."





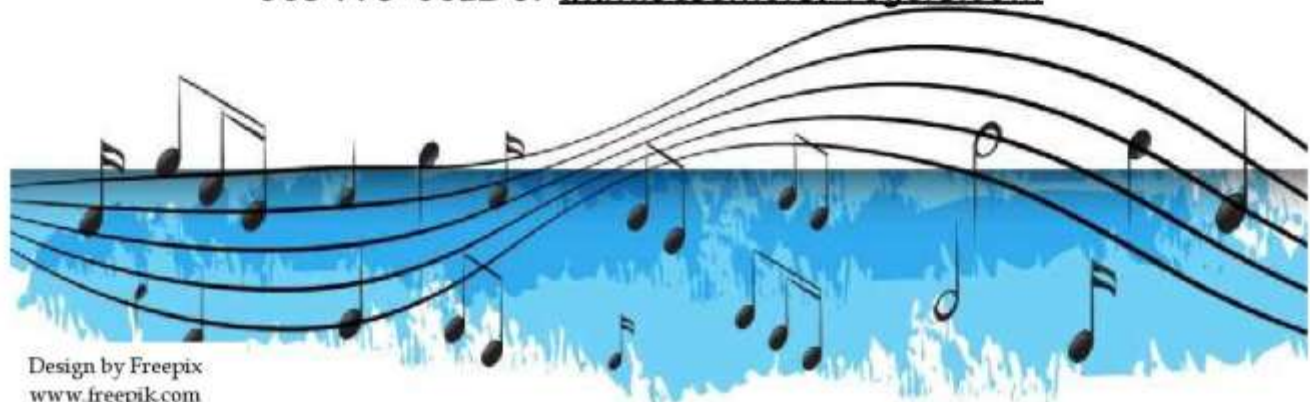
Danube Centre



Free Concert Presentation

Wednesday, August 13, 2025, 2:00 pm

**Questions? Contact the office at
905 775-0612 or danubeseniors@rogers.com**



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To all our members who are
celebrating a
birthday this month.

Happy Birthday!



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weather and hoping you will
be well very soon.*



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Trivia Quiz
Test your knowledge
about Canada



1. The Canada-US border is the longest international border between two countries in the world. It stretches approximately 8,891 kilometers (5,525 miles). Name the 13 US states that share a border with Canada.
2. Canada spans six different time zones. Name them.
3. Canada has more lakes than the rest of the world combined. And Ontario is home to more than 250,000 of them. Name the 4 Great Lakes that are part of Ontario.
4. Why does The Netherlands send Canada 10,000 tulip bulbs every year?
5. Canada is Home to the longest street in the world. Name it and where it is located.
6. Which province in Canada is the world's largest producer of maple syrup?
7. Where in Canada are the highest tides on earth?
8. Canada is home to 47 National Parks. Some of them are even bigger than countries. Name Canada's largest national park.
9. What percentage of Canada's land mass is actually inhabited by people?
10. Canada has the largest population globally of what animal?

(With permission of The Curious Guide)

—XX—

A wife was making a breakfast of fried eggs for her husband. Suddenly, her husband burst into the kitchen. 'Careful,' he said, 'CAREFUL! Put in some more butter! Oh my gosh! You're cooking too many at once. TOO MANY! Turn them! TURN THEM NOW! We need more butter. Oh my gosh! WHERE are we going to get MORE BUTTER? They're going to STICK! Careful. CAREFUL! I said be CAREFUL! You NEVER listen to me when you're cooking! Never! Turn them! Hurry up! Are you CRAZY? Have you LOST your mind? Don't forget to salt them. You know you always forget to salt them. Use the salt. USE THE SALT! THE SALT!'

The wife stared at him. 'What in the world is wrong with you? You think I don't know how to fry a couple of eggs?' The husband calmly replied, 'I just wanted to show you what it feels like when I'm driving.'

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Please remember the Danube is a perfume and aftershave free location. Many people are allergic to these products.

FRAGRANCE



Got 'Em, June 11, 2025

Games

1. Elke Pitkin
2. Elke Pitkin, Sara Mollo
3. Debbie Davidson
4. Debbie Davidson
5. Mikki Buckley
6. Elke Pitkin
7. Debbie Davidson
8. Sara Mollo

June 25, 2025

Games


1. Gladys Fieldhouse
2. Janet Boyko
3. Ann Foster
4. Gladys Fieldhouse
5. Elaine Love
6. Linda Hampson
7. Janice McGinn
8. Olga Bishop & Antonia Colaluca

***Be sure to come back in
September for more fun games.***

—XX—



Trivia Quiz
ANSWERS



1. Alaska, Idaho, Maine, Michigan, Minnesota, Montana, New Hampshire, New York, North Dakota, Ohio, Pennsylvania, Vermont, and Washington.
2. From west to east the time zones are Pacific, Mountain, Central, Eastern, Atlantic and Newfoundland.
3. Erie, Ontario, Huron (Georgian Bay), Superior
4. As a thank you for sheltering their royal family during WWII and to represent the long lasting friendship between Canada and the Netherlands. They even have a Tulip festival to celebrate.
5. Yonge Street stretches 1,896 km (1,178 miles). It starts at Lake Ontario in Toronto and goes to the northern parts of the province, near the Ontario-Minnesota border.
6. Quebec is the world's largest producer of maple syrup, with 75% of the global supply coming from there.
7. The Bay of Fundy, which is bordered by New Brunswick and Nova Scotia, has the highest tides on Earth. The tidal range can reach up to 53 feet (16 meters)!
8. At 44,741 sq.km., Wood Buffalo National Park is Canada's largest national park and one of the largest in the world. It is located in northern Alberta and southern Northwest Territories, primarily between Lake Athabasca and Great Slave Lake. The park was established in 1922 to protect the free-roaming bison herds of the area.
9. Most of Canada is uninhabited wilderness. Only 10% of Canada's land is actually inhabited by people.
10. Canada has the largest moose population globally. There are around 830,000 moose and in British Columbia alone, they are estimated to have over 165,000, making it the province with the most of these beautiful creatures!

Danube Activity Schedule

MONDAY	9:00 am Woodshop <i>Closed July & August</i>	9:15 am Scrapbooking	10:30 am Zumba Gold	1:00 pm Bridge Snooker Mah Jong		
TUESDAY	9:15 am Beginner Line Dancing	10:30 am Chair Fitness	11:45 am Book Club (<i>Bring your lunch</i>) 1 st Tuesday of the month <i>On hiatus until September</i>	1:00 pm Crazy Canasta	1:00 pm Goldenaires <i>On hiatus July & August</i>	7:00 pm Bid Euchre
WEDNESDAY	9:15 am Tai Chi	10:30 am Ladies Snooker	1:00 pm Coffee & Chat 3 rd Wednesday of the month. <i>On hiatus until further notice</i>	1:00 pm "Got'Em" Every 2nd & 4th Wednesday <i>On hiatus until September</i>	1:00 pm Drop in with the Library Every 1st & 3rd Wednesday <i>On hiatus until September</i>	1:00 pm Snooker Craft Group Bid Eucre
THURSDAY	9:00 am Woodshop	10:00 am Quilting Group	10:30 am Regular Fitness	1:30 pm Regular Euchre		
FRIDAY	9:00 am Tai Chi	10:30 am Chair Yoga	1 :00 pm Carpet Bowling <i>No Sunday Bowling</i>			

Card Games Results

Bridge			Bid Euchre			Euchre		
June 2	1 st 2 nd	Dianne F. Cathy S.	June 3	1 st 2 nd	Tony J. Heather W.	June 5	1 st 2 nd	Rebecca Angelo O
June 9	1 st 2 nd	Dianne F Fred P	June 10	1 st 2 nd	Sue L. Heather W.	June 12	1 st 2 nd	Susan S. Debbie D.
June 16	1 st 2 nd	Fred P. Dianne F.	June 17	1 st 2 nd	Heather W. Tony J.	June 19	1 st 2 nd	Cynthia H. Rob S.
June 23	1 st 2 nd	Neil E. Darcy E	June 24	1 st 2 nd	Cancelled	June 26	1 st 2 nd	John H. (William S. Al W.) Tie