



Did you know we have a [Facebook page](#)? Check it out at [BWG Seniors Association](#).
The Danube Seniors Leisure Centre: 715 Simcoe Rd., Bradford ON L3Z 4B4
Phone: 905 775-0612 Website: bradfordseniors.ca Email: danubeseniors@rogers.com

President's Message

Today was a typical spring day. Jackets in the morning, shorts at noon and an umbrella by 3 o'clock. Still, beats the cold and snow.



Looked like everybody enjoyed the Spring Lunch. As part of the cooking crew, you always experience some anxious moments until you see the smiling faces and hear the compliments. So many of you asked about that amazing hash brown potato dish. I have reduced the 100-person recipe to a more manageable 10-12. I will gladly make you a copy.

Upcoming Events:

Wednesday May 1 – “Coffee with the Councillor” 10:30 to 12:30.

Wednesday May 7 – Library Drop In from 1:00 to 3:00

Topic: Love Lettering Project

Sounds really mysterious. If you are as curious as I come out and join me. We will unravel the mystery together.

Thursday May 15 – Lunch & Learn starting at 10:30.

Home Instead will present a guide to private home care. Find out how to provide the best and safest care for your family. Registration required. Lunch will be Salad, Sandwiches, Dessert, Coffee & Tea.

Wednesday May 21 – Community Story Day at the Danube hosted by the Bradford Library. See the flyer for more information. Registration required call 905 775 -0612

Saturday May 31 – Goldenaires Spring Concert 1:30 to 3:00.

The last concert was in December of 2024, and it was wonderful. Come out, bring a friend and enjoy a great afternoon.

June is **National Seniors Month**. It's only appropriate that we host a Seniors Fair. The event takes place on June 4 from 1:00 to 3:00. Be informed on the latest advancements in seniors' care.

All the best, Elke

The Centre will be closed on May 19th



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NOTICES

"Calling all potential martial artists -- have we got a deal for you!"

Senior-Friendly Martial Arts class at The Elden. The class would be a one-hour session led by a Sensei, focusing on techniques suited for seniors, including self-defense, basic karate moves, and an introduction to martial arts terminology. After the session, we'd provide some healthy treats and refreshments to help you recharge. **Reply to: Alessia Tersigni, Retirement Living Consultant —tel: 905-775-1700 x703 at the Elden.**

Great offer from The Town

Starting as soon as you receive this newsletter, the Town of Bradford has offered a great deal for Danube members who wish to participate in activities at the Leisure Centre on Holland Street West: when you begin or renew your monthly or annual membership at the Leisure Centre, just show them your 2025 Danube Seniors Membership card, and residents of BWG will receive a 20% discount off the fee! This offer does not apply to daily drop-in fees.

New Program

**Beginner Line Dancing
Every Tuesday
9:15 -10:15**

The Danube Seniors Leisure Centre is a volunteer-run drop-in centre for anyone 55+ years old (and a few Junior Seniors as well). THANK YOU to EVERYONE who helps IN ANY WAY to keep our Centre open and running smoothly.



Like Reading? Join the Danube's Book Club. We bring our lunch and spend an hour talking about whatever we happen to be reading at the time. First Tuesday of the month at 11:45 am in the craft room.

June is Seniors Month in Ontario. It's a time to acknowledge and honour amazing seniors across the province.



You're Invited!

Coffee With The Councillor

WHEN

May 01, 2025
10:30am - 12:30pm

WHERE

Danube Seniors'
Leisure Centre
715 Simcoe Rd
Bradford, ON L3Z 2A6

RSVP: www.jonathanscottbwg.ca/coffee2025

Did You Know?

The province of Ontario is the birthplace of the blue bin.

Although interest in recycling programs emerged amongst Canadians in the early 1970s, the first blue bin recycling program launched in Kitchener, Ontario in 1981 and is now used across the country in BC, Alberta, Saskatchewan, Manitoba and Quebec.





If you can sing, play an instrument, dance, act, recite poetry or perhaps you are you a comedian? How about sewing, woodwork or any other crafts, maybe you could help with refreshments?

Then we need your help..... Why, you ask?

How would you like to be an advocate for older adults and have fun in the process? The Prevention of Senior Abuse Network-Simcoe County has been awarded a grant to put on 3 shows in 3 different locations involving older adults, and The Danube Centre has agreed to be a host of one of these shows. Our goal is that these shows will be thought provoking and challenge the stereotypical beliefs about older adults in a fun but informative way. We are presently talking with theatrical groups to assist us in this process.

If you would like to be part of a working group to put this together in whatever small or large way you can, we would love to hear from you! We would like to arrange a meeting with interested members soon (late April/ early May) so we can start the creative juices flowing and see what our combined minds can come up with! Interested? Let Linda Ind know asap at 905.775.0612.

Have questions? Call Inga Thompson 705.241.7550 or email at psansimcoecounty@gmail.com



Lunch & Learn

Workshop 10:30-11:30-- Lunch 11:45-12:45

Thursday, May 15th, 2025

\$10 pre-registration is required

Contact: Danube Seniors Centre 905.775.0612 or
danubeseniors@rogers.com

Home Instead presents:

The guide to private Home Care – what you need to know

The goal of this presentation is to educate caregivers how to minimize risks related to theft, fraud, and senior exploitation by outlining both the minimum requirements for private care providers and the elevated gold standards families should seek.





Seniors Health & Wellness Fair



Why: To celebrate National Seniors Month

Who: Meet face to face with 12+ health care agencies

When: Wednesday, June 4th, 2025, 1:00 - 3:00 p.m.

Where: Danube Seniors Leisure Centre – 715 Simcoe Road,
Bradford.

For seniors and those who care for them, this is an excellent opportunity to learn more.

Questions? Contact the Danube at 905-775-0612

Chances to win some great door prizes!

Everyone is invited to the Goldenaires Spring Concert



When: Saturday, May 31st, 2025

Time: 1:30 to 3:00 pm

Admission: Free. Open to all

Light refreshments will be
available





Ladies' Snooker

Question: Break. Bank. Scratch. Sewer. Basket. Cue. What do these words have in common with applause, cheers and gales of laughter?

Answer: Ladies' Snooker at the Danube Centre! In the first session on April 2nd, a group of 8 learners took a mere 74 minutes to clear the table once. The second group on April 9th, though only 5 strong, improved that record by 7 minutes. Way to go Ladies!

Thanks to Mike who mostly succeeded in laughing with us and not at us, giving advice as needed.

'Ladies Only' Snooker continues on Wednesday mornings at 10:30. Come and take your best shot—or just come for a good laugh.

—Jan



Musicians in rehearsal
For April 12 "Music in
the Afternoon".



Music in the Afternoon

What is a rabbit's favourite dance? -- The Bunny Hop, of course!

And so, the recent tradition of Carol's (painful but howling funny) 'Dad jokes' continued at Music in the Afternoon on Saturday, April 12th.

And what an afternoon of music it was! Laurie, Meade, Carol, Janice, Bob, Peter, Miguel, Joe and Doug (with Duncan on sound) performed as the enthusiastic crowd clapped, tapped, sang, and danced along.

'Canada' was the theme of the day: from Anne Murray to "Maple Sugar" to The Band, Gordon Lightfoot, Stompin' Tom, Chilliwack, and Jeff Healey, to original works by Laurie and Meade, and traditional Easter hymns by Doug Jackson, there was truly something for everyone in the repertoire.

Thank you to all the musicians for sharing their talent with us and for bringing yummy snacks to share. **The next Music in the Afternoon is scheduled for Saturday, May 10th at 1:00 p.m.**

-Jan

Line Dancing April 22nd



Our first Line Dancing class for beginners was a great success. Everyone had a wonderful time. Our instructor, Marilyn, led the class with humour and skill. We had 22 participants, some of whom took photos of the lesson plan to practise at home. I hope everyone returns next week, and for everyone thinking of line dancing, "come and join us" it's good exercise and fun too.

Every Tuesday from 9:15 to 10:15. Just a reminder to be on time, as we have to end strictly at 10:15 to prepare for Chair Fitness at 10:30.

- Edale



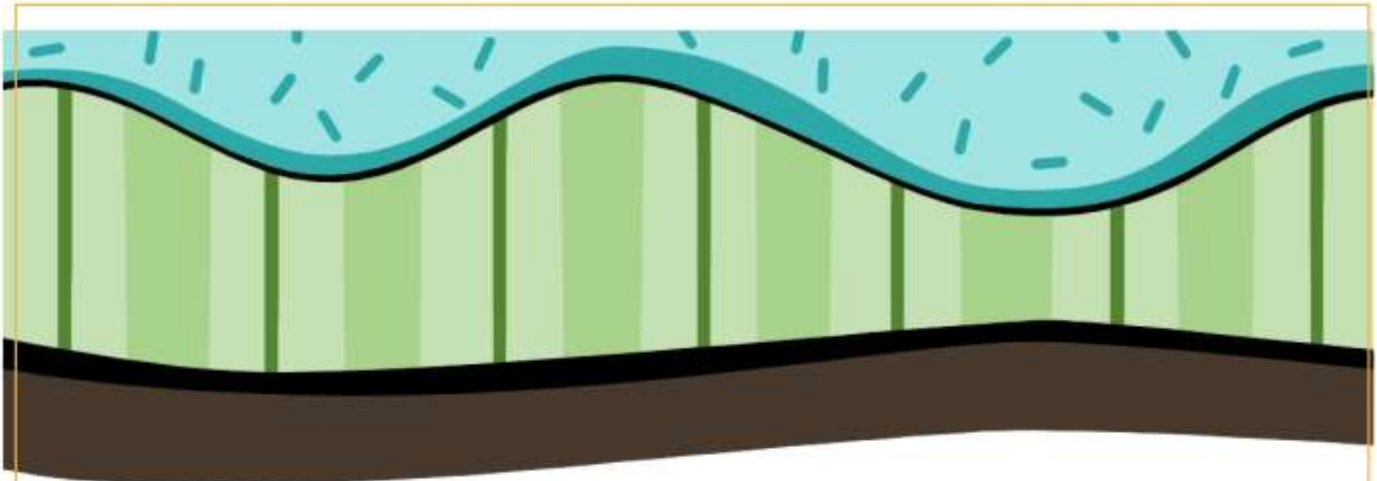
90th

Ellen Schmidt, new member,
celebrating her *90th*

Birthday in the Craft Room.



Congratulations Ellen!



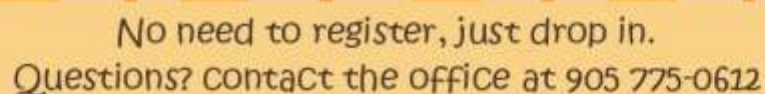

Drop in with the Library!!

May 7, 1:00 – 3:00 p.m.

Topic: Love Lettering Project

Join author and community artist, Lindsay Zier-Vogel, and write anonymous love letters about what you love most about BWG. Lindsay will guide you in creating these heartfelt notes. Don't miss out on this opportunity to connect, create, and celebrate community.

Since 2004, Lindsay Zier-Vogel's *The Love Lettering Project* has invited thousands of people to participate in writing anonymous letters celebrating their communities. With events held in Toronto, the U.K., Brazil, New York City, and beyond, this internationally acclaimed project has created a global movement, connecting individuals to their cities and fostering a sense of civic pride.



No need to register, just drop in.
Questions? contact the office at 905 775-0612

Community Story Day at the Danube

May 21st 1:00 pm - 3:00 pm

The Bradford West Gwillimbury Public Library presents Community Story Day at the Danube Centre! Join us for an afternoon of stories, snacks, and fun. We're collecting stories from community members for a new online story archive. Got a great story? Tell us your funniest, most interesting, or most heartfelt story about life in BWG or your life prior to moving here. We'll have snacks, activities, and a quiz to test your knowledge of local history. Add your voice to the story of Bradford West Gwillimbury!

Pre-registration is a must. Call 905.775.0612



“Oh, The Rains Came Down and the Floods Came Up....”

Can you imagine the look on Edna’s face when she walked into the Danube Centre on Thursday morning, April 3rd, and found all the sign-in sheets on the main tables completely under water? Not to mention the lakes underneath the tables and in front of the office door, or the ceiling dripping in the middle of the hall floor?

Many of us have seen photos from 20+ years ago of the collapsed ceiling inside the Danube that caused the original parquet hardwood floor to be removed and the existing blue tile to be installed instead. Yikes!

Luckily, Jan and Jonathan arrived soon thereafter and helped Edna mop up the water and hang the tablecloths (and all the sign-up sheets) to dry.

Thanks, Mother Nature, for working around our best efforts to keep the rain and wind outside!

–Jan



Romantic Story

A married couple had been out shopping for most of the day. Suddenly the wife realized that her husband had "disappeared". Somewhat irate she called her husband's mobile and demanded, 'Where are you?' Husband: 'Darling, do you remember that little jewelry shop where you saw that beautiful diamond necklace and totally fell in love with it but I didn't have the money at that time and I said "Darling it'll be yours one day.' Wife, tremulously, 'Yes, I do remember that my love.' Husband, 'Well I'm in the Pub next to that Shop!'

Fun Riddle #19

It has a bed but never sleeps

It has a mouth but does not speak

To answer this riddle, follow the steps below.
Once complete, the unmarked words will reveal the answer.

- Cross-out 7 words that rhyme with 'Kiss'
- Tick 8 names of cat breeds
- Circle the names of the 7 dwarfs from Snow White
- Underline names for our 5 fingers
- Scribble through 7 sports played without a ball
- Shade 7 things you can open



Miss	Persian	Swimming	Can	Doc	Thumb
Dopey	This	Door	Maine Coon	Gymnastics	Chris
Abyssinian	Index	Bashful	Athletics	Bottle	Russian Blue
Dance	River	Burmese	Ring	Grumpy	Middle
Abyss	Sneezy	Judo	Swiss	Window	Siamese
Box	Ragdoll	Book	Boxing	Remiss	Sleepy
Bliss	Cycling	Happy	Tabby	Pinky	Fridge

Answer on Page 20

Spring is Sprung Luncheon

The arrival of spring was celebrated at the “Spring is Sprung” luncheon on April 17th, which attracted nearly 90 attendees, including our dedicated volunteers. Guests savored a delicious chicken dinner prepared by Ann and Elke, complemented by homemade profiteroles crafted by Elke. Instead of reciting jokes from the podium each table received one joke per person, resulting in lots of laughter from everyone.

-Linda







Funny Puns

1. The World Health Organization has announced that dogs cannot contract Covid-19. Dogs previously held in quarantine can now be released. To be clear, WHO let the dogs out.
2. I saw an ad for burial plots, and thought to myself that's the last thing I need.
3. Intelligence is like underwear. It is important that you have it, but not necessary that you show it off.
4. Relationships are a lot like algebra. Have you ever looked at your X and wondered Y?
5. A courtroom artist was arrested today for an unknown reason, details are sketchy.
6. People are making end of the world jokes like there's no tomorrow.
7. Whatever you do, always give 100% unless you're donating blood.
8. What do you call a sleepwalking nun? Roamin' Catholic.
9. What did Snow White say when she came out of the photo booth? Someday my prints will come.
10. A girl said she recognized me from her vegetarian club, but I'd never met herbivore.
11. Q: Dad, are we pyromaniacs? A: Yes, we arson.
12. I've always had an irrational fear of speed bumps but I'm slowly getting over it.
13. What word becomes shorter when you add two letters to it? Short.
14. If you're not supposed to eat at night, why is there a light bulb in the refrigerator?
15. My dad died when we couldn't remember his blood type. As he died, he kept insisting "be positive, be positive" but it's hard without him.
16. Don't let your worries get the best of you; remember, Moses started out as a basket case.
17. There was the person who sent ten puns to friends, with the hope that at least one of the puns would make them laugh. No pun in ten ded

(From June Issue 2021)

Amazing Canadian inventions

A process for producing [calcium carbide](#) [Artificial cardiac pacemaker](#)

A process to extract [bromine](#) [CPR mannequin](#) [Ebola vaccine](#)

The first practical Explosives vapour detector EVD-1 [Finite element method](#), a method for numerically solving differential equations

[Forensic pathology](#) in policing

[Insulin](#) – the process for extracting medicinal insulin

[Medium 199](#) – the world's first purely synthetic

[Montreal procedure](#) – a treatment for severe [epilepsy](#)

NeisVac-C – a [conjugate vaccine](#) for immunizing against Group C [meningococcal meningitis](#)

[Oil Red O](#) – a [forensic](#) technique

[Palm n' Turn](#) – [child-proof container](#)

[Radon](#) – the fifth radioactive element

[Synthetic sucrose](#)

[UV-degradable plastic](#)

[Weevac 6](#) – a stretcher for babies

[Automatic Lubricating Cup](#) an [automatic lubricator](#) for oiling the steam engines of locomotives and ships

[Caulking gun](#)

Collerette ladder for [firefighting](#) demonstrated in London in 1896^[53]

[Kakivak](#) – a [leister](#) used by Inuit for spear fishing and fishing at short range

A process for distilling [kerosene](#)

[Paint roller](#)

[Robertson screw](#)

[Rotary vane pump](#) [Toggling harpoon](#) – an Inuit tool used by [Inuit](#) while [whale](#) or seal hunting to impale the animal when thrown.

[Ulu](#) – an all-purpose knife traditionally used by [Inuit women](#)

To all our members who are
celebrating a
birthday this month.

Happy Birthday!



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Get Well Wishes

All our members are special to us; this get-well wish goes out to everyone feeling under the weather and hoping you will be well very soon.



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Trivia Quiz
All of the answers begin with an X, Y or Z.

1. Striped equine animal
2. This is often a child's first musical instrument
3. A large pleasure boat
4. It promotes fermentation and makes bread rise
5. Photocopy brand
6. The greatest height; or a former television set manufacturer
7. Domesticated ox of Tibet
8. Absolutely nothing
9. Thirty-six inch ruler
10. The largest city in Switzerland
11. Japanese currency
12. It smooths the ice in a skating rink



"Cash or Credit Card?" asked the sales lady to a woman shopper. As the woman struggled with her purse, the remote control for a TV set came tumbling out onto the counter. "Do you always carry your TV remote around with you?" she asked the woman. "No," she replied, "but I asked my husband to come shopping with me and he refused, so this is the most severe punishment I can give him that's still legal."



Three Fishermen were fishing when they came upon a mermaid, the mermaid offered them one wish each so the first fisherman said: "Double my IQ" so the mermaid did it and to his surprise he started reciting Shakespeare. Then the second fisherman said: "Triple my IQ" and sure enough the mermaid did it and amazingly he started doing math problems he didn't know existed. The third fisherman was so impressed he asked the mermaid to quadruple his IQ. The mermaid said "Are you sure about this? It will change your whole life!" the fisherman excitedly said "Yes!" so the mermaid turned him into a woman...!

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**Please remember the Danube is a perfume
and aftershave free location. Many people are al-
lergic to these products.**

FRAGRANCE



**Answers to
Trivia Quiz**

1. Zebra
2. Xylophone
3. Yacht
4. Yeast
5. Xerox
6. Zenith
7. Yak
8. Zero
9. Yardstick
10. Zurich
11. Yen
12. Zamboni



With permission of The curious Guide

Got 'em Results

April 9, 2025

Games:

1. Elke Pitkin
2. Dianne Watson
3. Debbie Davidson, Terry Lotto, Marie Mosley
4. Debbie Davidson
5. Cynthia Haffner
6. Janet Boyko
7. Marie Mosley
8. Janet Boyko & Debbie Davidson

Apr. 23 2025

1. Donna Bergin
2. Susan Colaluca
3. Susan Colaluca
4. Kevin Wilson
5. Donna Bergin
6. Sara Mollo
7. Elke Pitkin
8. Wendi Williams

Riddle Answer: River

Danube Activity Schedule

MONDAY	9:00 am Woodshop	9:15 am Scrapbooking	10:30 am Zumba Gold	1:00 pm Bridge Snooker Mah Jong		
TUESDAY	9:15 am Beginner Line Dancing	10:30 am Chair Fitness	11:45 am Book Club (<i>Bring your own lunch</i>) 1st Tuesday of the month	1:00 pm Crazy Canasta	1:00 pm Goldenaires	7:00 pm Bid Euchre
WEDNESDAY	9:15 am Tai Chi	10:30 am Ladies Snooker	1:00 pm Coffee & Chat 3 rd Wednesday of the month. On hiatus until further notice	1:00 pm "Got'Em" Every 2nd & 4th Wednesday	1:00 pm Drop in with the Library Every 1st & 3rd Wednesday	1:00 pm Snooker
THURSDAY	9:00 am Woodshop	10:00 am Quilting Group	10:30 am Regular Fitness	1:30 pm Regular Euchre		
FRIDAY	9:00 am Tai Chi	10:30 am Chair Yoga	1 :00 pm Carpet Bowling & Sunday			

Card Games Results

Bridge			Bid Euchre			Euchre		
Mar.31	1 st 2 nd	Fred P. Dianne F.	Apr. 1	1 st 2 nd	Heather W. Allan B.	Apr. 3	1 st 2 nd	Ann J. Elke P.
Apr. 7	1 st 2 nd	Gerry F. Bob E.	Apr. 8	1 st 2 nd	Sue L. Allan B.	Apr. 10	1 st 2 nd	William S. Elke P.
Apr. 14	1 st 2 nd	Dianne F. Darcy E.	Apr.15	1 st 2 nd	Donnie C. Heather W.	Apr. 17	1 st 2 nd	Heather W. Connie C.
Apr. 21	1 st 2 nd	Fred P. Bob E.	Apr.22	1 st 2 nd	Cancelled	Apr.24	1 st 2 nd	William S. Kevin W.
Apr 28	1 st 2 nd	Ursula W. Neil E.	Apr. 29	1 st 2 nd	Tony J Heather W			