



Issue 200

Ring out the old, ring in the new,
Ring out the false, ring in the true.

- Alfred, Lord Tennyson

January 2024

PRESIDENT'S MESSAGE





HAPPY NEW YEAR!

Hope to see you on January 1st at our first post Covid New Years Levee. The weather forecast calls for a few clouds and finally some sunshine. Should be a great afternoon. Come on out meet old friends and make some new ones.

On December 15 we had our Christmas Lunch. The turkey meal with all the trimmings, the beautiful table decorations and the easy listening piano music made it a very special event. The Goldenaires entertained us with old favourites and surprised us with a beautiful "Merry Christmas Mozart Medley". Let's hope they keep it in their repertoire so we can enjoy it again.

On December 18 we had another sing-a-long led by the SSPS Auxiliary, road officers and Laurie LeBlanc and his guitar. We all joined in for an hour of enthusiastic singing, listening to silly jokes and interesting Christmas facts. All this fun was followed by a light lunch. Holland Garden provided the sandwiches, the Centre took care of the sweets.

On January 18 we will have the first event of the new year another "Lunch & Learn". This time you will hear all about the latest scams and how to protect yourself. See the flyer in this newsletter for more details. Did you see the giant Gingerbread House somebody donated? Our hall didn't just look like Christmas it also smelled of sugar and spice. What an amazing combination of artistry, crafts, baking and endless patience it must take to create something so extraordinary. I hope you had a chance to use the flashlight and discover all the intricate interior details.

December was such a busy month. So many worked hard to make all the events a big success. Thank You so much!

Stay healthy, Elke

PS: Movie afternoon will return January 27
Title to be announced

Did you know we have a Facebook page? Check it out at BWG Seniors Association The Danube Seniors Leisure Centre: 715 Simcoe Rd., Bradford ON L3Z 4B4 Phone: 905 775-0612

Website: <u>bradfordseniors.ca</u> Email: <u>danubeseniors@rogers.com</u>



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Federal COVID Recovery Grant

In mid-February 2023, Danube member Neil MacNaughton approached the BWGSA Executive with a proposal to apply for a federal COVID Recovery Grant to help the Danube Centre get back on its feet after all the lockdowns and restrictions.

The Admin Board struck an External Funding Committee (Neil, Ann Spalding and Jan Evans) to identify our areas of most need, create and submit the application (57 pages!), which was eventually accepted for one year of funding.

So far, we have engaged Nicole Thériault of Nicole's Comfort Cuisine to provide one meal per month; we've had our sound system evaluated; we've purchased much-needed equipment for the Woodshop, and had our banking program investigated with a view to upgrading.

In the New Year, we plan to hire a temporary Office Assistant to re-organize our filing system, update our membership list and guarantee that the Centre can be open for programming every weekday from 9 am. to 3 p.m.

The one-time funding through the COVID Recovery Grant will end in June 2024.

New website address

Our website administrator, Neil MacNaughton, has informed the Executive that, effective immediately, access to our website will be through a new address: bradfordseniors.ca. The old danubeseniors.club will continue to work until September 2024, after which our new Domaine name will become the only way to keep up-to-date with us online. So why not start using the new name right away?

A reminder: It is mandatory to show proof of full vaccination when attending the Danube Centre

AGM and Elections

The Annual General Meeting of the Bradford West Gwillimbury Seniors Association will take place on the morning of Thursday, **March 7, 2024 at 10 a.m.** The purpose of the meeting is to review financial statements and elect members of the Administrative Board for two-year terms. The following positions are up for Election:

President Special Events Co-ordinator Member-at-Large Vice-President Treasurer

If you, or **someone whose permission you have obtained**, would like to stand for election for a position on the BWGSA Admin Board, please print and fill out the Nomination Form in this newsletter and deposit it in the box at the front desk of the Danube Centre by February 29, 2024. Additional copies of the Nomination Form will be available at the Danube Centre.

Please note: A seconder is not required for a nomination. Nominees must be members in good standing for a minimum of 1 year.

NOMINATION FORM

NAME and phone number of NOMINEE:
POSITION NOMINATED FOR:
NOMINATED BY: (name and phone number):
Nominee to initial that their permission has been given:



Lunch & Learn

Workshop 10:30-11:30

Lunch 11:45-12:45

\$10 pre-registration is required

Contact Linda Ind at lindaind 8@sympatico.ca or call the Danube at 905.775.0612

Scram to the Scam January 18, 2024

Guest Speaker: SPC Elisabeth Aschwanden will present her updated "Frauds and Scams" program ("Scram to the Scam!"). She will also introduce Brenda from Contact Simcoe, a relatively new organization in Town that is providing services for Seniors.





"Deck the Danube"



The Danube Centre was decorated inside and out, Reuven was playing holiday favourites on the piano, Elke's tree and hanging stars glistened in the spotlights and the aroma of a scrumptious Christmas meal filled the air as guests arrived for the "Deck the Danube" Christmas luncheon on Friday, December 15th.

Melissa welcomed everyone on behalf of our sponsors, Holland Gardens and The Elden, and Jaime introduced a new tradition

for us: "Find the Pickle" (she had hidden 4 pickle-shaped decorations randomly throughout the hall. The guests who found the pickles would each receive a prize).

Sara-Lynne and the staff from Malone's Pint House prepared and served the traditional turkey dinner. It was wonderful!

Between the main course and dessert, the Goldenaires choir performed four of their favourite numbers and Santa arrived. Ho!Ho!

During dessert, Jan read a couple of seasonal jokes and door prizes were drawn (thank you Holland Gardens, Elden and BWGSA!).

Thank you to Melissa and Sue (Holland Gardens), Jaime (The Elden), Alexia (SSPS Auxiliary),

Reuven, Sara-Lynne and staff from Malone's Pint House, and all the volunteers who helped decorate, set up, and take down the luncheon.

Door Prize winners: Relly W., Erika H., JoAnn N., Rita G., Marie W.

Pickle Prize winners: Janet P., Bill J., Debbie D., Cynthia H.

Congratulations to all, and to all a Happy New Year!!

-Jan Evans

Photos follow





A new tradition... "Find the Pickle"



Celebrations at the Danube









Goldenaires in Performance



SSP Sing-Along

Once again, the Danube Centre hosted the South Simcoe Police Holiday Sing-along, organized, as usual, by our Special Police Constable Elisabeth Aschwanden.

In Officer Elisabeth's absence, Auxiliary Officer Bella MC'd the festivities, first introducing Brenda Pufek from Contact Community Services who outlined some awesome Seniors programming she is organizing for 2024 (ukelele lessons, perhaps?).

Danube member Laurie Leblanc provided guitar and vocal accompaniment for the singing (thank you, Laurie!), and both auxiliary and road officers formed a "FA-LA-LA-LA-LA-LA-LA-LA-LA" line at just the right moment (Auxiliary officers had arrived early to set up and all stayed late to clean up. We are grateful for their help).

At the end of the hour of singing, a very quick turn-around transformed the hall from concert venue to café, where sandwiches provided by Holland Gardens were served, followed by homemade sweets for everyone to enjoy.

Ilko O. was quite surprised when his ticket was drawn for the incredible gingerbread house. Congratulations, Ilko!

On the way out, each participant received a specially-wrapped carnation, compliments of Linda's Floral Designs. Thank you again, Linda!

(An extra thank-you must be given to Jennifer and the Monday morning Fitness class for so generously giving up their time slot so this event could take place)

-Jan Evans

Photos follow





Famous Movie Quotes Quiz

Reminisce about movies of yesteryear with this fun quiz!

In which movie would you hear the following phrases?

	Question	Answer
0	You talking to me?	ř
2	There's no place like home	ě.
3	May the Force be with you	
•	Open the pod bay doors HAL	£
•	I'm gonna make him an offer he can't refuse	ŧ
•	They call me Mister Tibbs!	r
•	Nobody puts Baby in a corner.	:
	You don't understand! I coulda had class. I coulda been a contender. I could've been somebody, instead of a burn, which is what I am,	3 /
9	Show me the money!	
10	After all, tomorrow is another day!	¥.
•	Stella! Hey, Stella!	<u> </u>
12	We'll always have Paris	ř.
8	Houston, we have a problem	:
(14)	A boy's best friend is his mother	1:
8	I feel the need - the need for speed!	ŧ
16	A Martini. Shaken, not stirred.	î
•	Carpe diem. Seize the day boys. Make your lives extraordinary.	ŧ.
18	Love means never having to say you're sorry	£
	Wait a minute, wait a minute. You ain't heard nothin' yet!	•
20	I'm the king of the world!	f

Answer

- Taxi Driver (1976)
- The Wizard of Oz (1939)
- Star Wars (1977)
- 2001: A Space Odyssey (1968)
- The Godfather (1972)
- In The Heat of The Night (1967).
- Dirty Dancing (1987)
- On The Waterfront (1954)
- Jerry Maguire (1996)
- Gone With The Wind (1939)
- A Streetcar Named Desire (1951)
- (1942) Casablanca (1942)
- Apollo 13 (1995)
- 14 Psycho (1960)
- 15 Top Gun (1986)
- Goldfinger (1964)
- Dead Poets Society (1989)
- 18 Love Story (1970)
- The Jazz Singer (1928)
- 20 Titanic (1997)



Fun Facts

1 Snakes can predict earthquakes.

Did you know that snakes have a sixth sense?

These slithery creatures can sense an upcoming earthquake from a staggering 75 miles away, up to five whole days before it happens.

2 Astronauts grow taller in space!

Do you ever dream of becoming an astronaut and exploring the vastness of space?

Well, you might grow a little bit taller!

When astronauts venture into space, the lack of gravity allows their spines to stretch out,

3 We spend a year on the toilet in our lifetime.

We all know that nature calls, but did you know just how much time we spend answering?

On average, over the course of our lives, we spend an entire year sitting on the toilet.

4 There's a 50% chance that two people will share a birthday in a group of 23 people.

Have you ever been in a group of 23 people and discovered that two people share the same birthday?

This mind-boggling phenomenon is known as the Birthday Paradox.

Surprisingly, with just 23 people, there's a 50% chance that two of them will have the same birthday.

5 Sea Lions are the only animals who can clap to a beat!

Get ready to groove!

Sea Lions are not only adorable creatures but are also the only animals capable of clapping to a beat.

6 It snows metal on Venus!

Venus, our neighbouring planet, is known for its extreme conditions.

Did you know that it even has "snow"?

Don't expect fluffy white flakes like on Earth! The snow on Venus is made of metal!

7 Adult cats only meow to humans, not other cats.

Cats are fascinating creatures, and their meows have a special purpose.

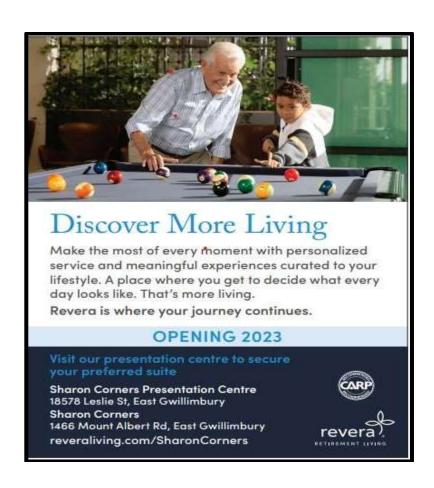
While adult cats communicate with each other using body language and other sounds, they exclusively reserve their adorable meows for humans.

So, the next time your feline friend meows at you, remember that they're speaking a language only meant for you

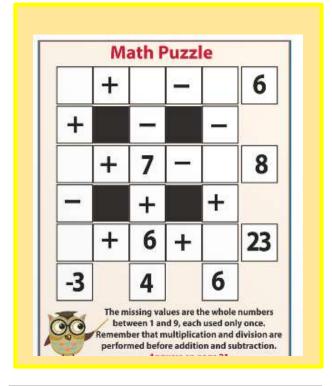
Zumba, anyone?

A member of the BWG community has offered us an opportunity for a Zumba Gold class to start in the near future. To express your interest in such a class, please leave a message at 905-775-0612, email danubeseniors@rogers.com or add your name to the sign-up sheet on the table at the Centre.

A reminder that the **Danube Book Club** meets on the first Monday of the month in the craft room.











Please remember the Danube is a perfume and aftershave free centre. Many people are allergic to these products.

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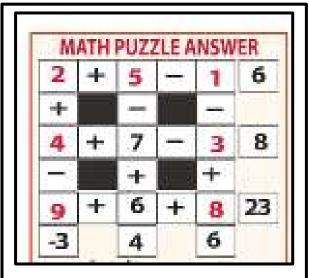


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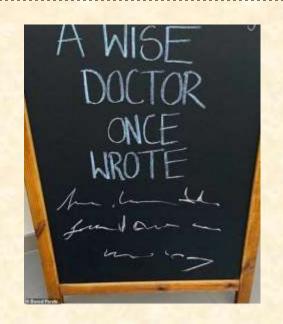
All our members are special to us; this

get-well wish goes out to everyone feeling under the weather and hoping you will be well very soon.









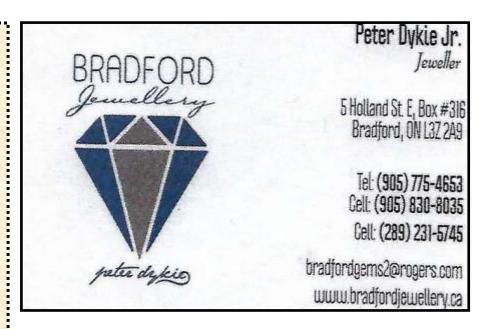
Good resolutions are simply checks that men draw on a bank where they have no account.

~Oscar Wilde

I'm so excited for the new year. Unfortunately, I don't have any resolutions to make since I'm already perfect.

My new year resolution? Buy more shoes, drink more wine, and don't worry about the gym. I can do this.







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Danube Program Calendar

MON	TUE	WED	THUR	FRI
9:00 am Woodshop	10:30 Chair Fitness	9:00 am Walking Club	9:00 am Woodshop	10:15-11:15 Beginner Tai Chi practice
9:15 am Scrapbooking	1:00 pm Crazy Canasta	9:15 am Line Dancing Back Mid-January	10:00 am Quilting Group	11:30-12:30 Ongoing Tai Chi practice
9:30 am Pool	1:00 pm Goldenaires	1:00 pm Pool	10:30 am Chair Yoga	1:00 pm Carpet Bowling And Sundays 1pm
10:30 am Fitness with Jennifer	7:00 pm Bid Euchre	1:00 pm Coffee & Chat 3rd Wednesday of the month.	1:30 pm Regular Euchre	
1:00 pm Bridge		Contact Lynda at neller4880@sympatico.ca for more information		

Card Games Results

BRIDGE			EUCHRE				BID EUCHRE				
Dog 4		Dogomowy C	Dog 7	1 st	Manilum D		Dog 19	1 et	Linda C		

Dec. 4	$1^{\rm st}$	Rosemary S.	Dec.7	1 st	Marilyn B.	Dec.12	1^{st}	Linda C.
	$2^{\rm nd}$	Cathy R.		2^{nd}	Cynthia H.		2^{nd}	Marianne B.
Dec.11	1^{s}	Dianne F.	Dec.14	1^{st}	John H.	Dec.19	$1^{ m st}$	Donnie C.
	Tie	Darcy E.		$2^{\rm nd}$	Donna C.		2^{nd}	Heather W.
Dec.18	1^{st}	Fred P.	Dec.21	1^{st}	Angelo D.			
	2^{nd}	Lawrence B.		2^{nd}	Rick M.			